

T1200 TREADMILL

The BODYCRAFT T1200 Treadmill has been skillfully designed and constructed to excel in commercial settings. Capable of supporting users of all sizes, up to 550lbs, the T1200 stands as an premium treadmill choice. Boasting a 6.0 HP AC Motor, and built to last, the T1200 will exceed your expectations. It's a prime example of unmatched quality within its category.

Fully Interchangeable EXP Series Consoles. Choose between the 19" and 16" Touchscreen Consoles, Our Interactive LED Console, or add the Connect22 Tablet to Personalize your own Entertainment & Fitness Apps.

CONSOLE OPTIONS

19 INCH
TOUCHSCREEN



16 INCH
TOUCHSCREEN



LED
DISPLAY



HIGHLIGHTS

- Interchangeable EXP Series Consoles
- Massive 22" x 62" Active Running Surface
 - 0.3 – 15mph Speed Range
 - Optional Decline Kit for -3% to 12% Range
- Bluetooth, ANT+, 5.4KHz, Apple Watch & Contact Pulse Options
 - Built-In 3 Speed Cooling Fan
- Hand Rail Paddle Controls for Speed & Incline
- BODYCRAFT CONNECT Module for Connecting Apps on the Connect22, Smart Phone, or Tablet

Our state of the art EVERLAST BELT is a maintenance-free, self-lubricating treadmill belt that provides a uniquely smooth and quiet experience for the user.



T1200 TREADMILL

TECHNICAL SPECIFICATIONS

DRIVE MOTOR	6.0HP AC Motor
INCLINE MOTOR	AC 1,300 LBS Thrust
SPEED RANGE	0.3 - 15 MPH
INCLINE RANGE	0 - 15% (or -3-12% with decline kit)
RUNNING BELT	22"W x 62"L Self Lubricating Wax Infused Belt
DECK	Reversible 1" Thick Deck
LUBRICATION	Maintenance Free
FRAME	Heavy Duty Steel Frame Construction
STABILITY	Oversized Self Leveling Stabilizer Feet
MOBILITY	Built-In Transport Wheels
ROLLERS	3" Diameter Crowned Rollers with Sealed Ball Bearings
POWER	120V - 20 Amp Dedicated Circuit Recommended NEMA 5-20R
MAX USER WEIGHT	550lbs
MEASUREMENTS	84.3" L x 35.9" W x 64.6" H - 440 LBS (Assembled)
OPTIONAL KITS	Connect22/TV Bracket, Decline Kit, Extended Handrail Kit

TOUCHSCREEN CONSOLE SPECIFICATIONS

DISPLAY	19" or 16" High Definition, Full Color, Ultra Bright, Interactive Touch Screen Computer Display
DATA FEEDBACK	User Defined: Incline, Speed, Elevation Gain, Pace, Time, Pulse, Mets, Watts, Calories, Media, Volume, Wifi, Bluetooth, Workout Summary
PROGRAMS	Quick Start, Classics (Goal, Custom, Hill, Run, Walk, Sprint, Climb Landmarks), Intervals (Incline, Speed, HIIT, Custom), HRC's (Target, Interval, Fat Burn, Cardio), Races (5K, 10K, Half Marathon) Fitness Tests, Custom, Cool Down
USER PROFILES	6 Fully Customizable User Profiles - 10 Favorite/Custom Programs Each - Stores Comprehensive Data
APPS/MEDIA	Pre-Loaded Media Apps: Chrome, Youtube, Netflix, Hulu, Prime Video, Disney+, Kinomap, Fitscope, Youtube TV, ESPN, Fox News, CNN, Max, Fitradio, Spotify, PlutoTV, Screen Mirroring, TV/HDMI, USB Music MP3, USB Video MP4.
VIRTUAL SCENES	4 Virtual Scenes - Forests, Beaches, Tropics, Mountains
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	BT, ANT+, 5.4kHz Wireless Receivers, Contact Pulse Sensors, Apple Watch (via 3rd party app)
AUDIO	3.5mm Audio Jack & Wireless Bluetooth 5 Audio
USB	Power Charging, Software Updates, MP3/MP4 Player
INTERNET	Wired (Ethernet) and Wireless (WIFI 6 WPA3) Internet, Cloud Software Update
HDMI	HDMI Input to Expand Your Entertainment Experience
SCREEN MIRRORING	Seamless mirroring for IOS and Android devices (via Anplus App) to the EXP Console
CAB OPTION	Capable of Adopting 3rd Party CAB Hardware for Cable/Set Top Box Remote Control
MANAGER MODE	Change Parameters, Disable User Profiles, Add Logo, Error Code Feedback, Software Updates, Diagnostic History Log
LANGUAGE	Choose from 4 Languages, English, French, Spanish, or Chinese
WARRANTY	Commercial: Display: 3 Years / Labor: 2 Year (CAB, USB Port, 90 Days, No Labor)

LED CONSOLE SPECIFICATIONS

DISPLAY	LED Interactive Computer Display
DATA FEEDBACK	All-In-One Continuous Feedback with Message Center. Displays Speed, Time, Incline, Calories, Pulse, METS, Distance, Pace, Watts, Steps
QUICK KEYS	Quick Speed & Incline Keys
PROGRAMS	Quick Start, Manual/ Goal, Hill Climb, Easy Jog, Speed Interval, HIIT, 5K, Target HR, w/ Cool Down feature
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	BT, ANT+, 5.4kHz Wireless Receivers, Contact Pulse Sensors, Apple Watch (via 3rd party app)
MANAGER MODE	Software Update, Calibration, Max Program Time, Display Mode, and More
USB	Power Charging, Software Updates
WARRANTY	Commercial: Display: 3 Years / Labor: 2 Year (USB Port, 90 Days, No Labor)

WARRANTY

COMMERCIAL	Frame: 10 Years / Parts: 5 Years / Labor: 2 Years
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T1000 TREADMILL

The BODYCRAFT T1000 Treadmill is engineered and built to perform in commercial environments. Able to accommodate any size user up to 500lbs, the T1000 is truly the treadmill for everyone. The T1000 is equipped with a 5.0 HP AC Motor that will outlast and outperform a DC motor in high usage facilities. You will not find a better value in its class.

Fully Interchangeable EXP Series Consoles. Choose between the 16" and 10" Touchscreen Consoles or Our 9" LCD Console

Our state of the art EVERLAST BELT is a maintenance-free, self-lubricating treadmill belt that provides a uniquely smooth and quiet experience for the user.



CONSOLE OPTIONS

16 INCH TOUCHSCREEN



10 INCH TOUCHSCREEN



9 INCH LCD



HIGHLIGHTS

- Interchangeable EXP Series Consoles
- Massive 22" x 62" Active Running Surface
 - 0.5 – 13mph Speed Range
 - Heart Rate Hand Pulse Grips
 - Hand Rail Controls for Speed & Incline
- BODYCRAFT CONNECT Module for Connecting Apps on the Connect22, Smart Phone, or Tablet

HIGHLIGHTS



CUSTOMIZABLE QUICK KEYS - SPEED & INCLINE



IMPACT + SHOCK CONTROL TECHNOLOGY



CLICK/SCAN FOR EVERLAST BELT INFORMATION



CLICK OR SCAN FOR MORE INFORMATION

T1000 TREADMILL

TECHNICAL SPECIFICATIONS

DRIVE MOTOR	5.0HP AC Motor
INCLINE MOTOR	AC 1,350 LBS Thrust
SPEED RANGE	0.5 - 13 MPH
INCLINE RANGE	0 - 15%
RUNNING BELT	22"W x 62"L Self Lubricating Wax Infused Belt
DECK	Reversible 1" Thick Deck
LUBRICATION	Maintenance Free
FRAME	Heavy Duty Steel and Aluminum Frame Construction
STEP UP HEIGHT	9.5"
STABILITY	Oversized Self Leveling Stabilizer Feet
MOBILITY	Built-In Transport Wheels
ROLLERS	2.75" Diameter Crowned Rollers with Sealed Ball Bearings
POWER	120V - 20 Amp Dedicated Circuit Recommended NEMA 5-15 Plug
MAX USER WEIGHT	500lbs
DIMENSIONS	85" L x 35" W x 59" H
WEIGHT	340 LBS (Assembled)

TOUCHSCREEN CONSOLE SPECIFICATIONS

DISPLAY	10" or 16" High Definition, Full Color, Interactive Touch Screen Computer Display
DATA FEEDBACK	User Defined Data Feedback: SPM, Steps, Distance, Time, Pulse, Mets, Calories, Watts, Level, Stride Length, Media, Volume, Wifi, Bluetooth, Workout Summary
USER PROFILES	6 Fully Customizable User Profiles - 10 Favorite/Custom Programs Each - Stores Comprehensive Data
PROGRAMS	20+ Pre-Loaded Programs: Quick Start, Classics (Goals, Hill, Random, Plateau, Constant Power, Race), Intervals (Classic, HIIT, Custom), HRC's Target, Interval, Fat Burn, Cardio), Fitness Test, Custom, Cool Down
VIRTUAL SCENES	4 Virtual Scenes - Forests, Beaches, Tropics, Mountains
APPS/MEDIA	Pre-Loaded Media Apps, Chrome, YouTube, Facebook, Instagram, Hulu, Netflix, Disney+, Prime Video, Spotify, USB Music MP3 and Video MP4, HDMI Input, Use Bluetooth to Connect to Apps on Smartphone or Tablet
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	BT, ANT+, and 5kHz Wireless Receivers
AUDIO	3.5mm Audio Jack & Wireless Bluetooth Audio
USB	Power Charging, Software Updates, MP3/MP4 Player
INTERNET	Wired (Ethernet) and Wireless (Wifi) Internet, Cloud Software Update
HDMI	HDMI Input to Expand Your Entertainment Experience
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
MANAGER MODE	Change Parameters, Disable User Profiles, Add Logo, Error Code Feedback, Software Updates, Diagnostic History Log
LANGUAGE	Choose from 4 Languages, English, French, Spanish, or Chinese
WARRANTY	Commercial: Display: 3 Years / Labor: 2 Year (CSAFE, USB Port, 90 Days, No Labor)

LCD CONSOLE SPECIFICATIONS

DISPLAY	9" Black Mask LCD Interactive Computer Display
DATA FEEDBACK	All-In-One Continuous Feedback with Message Center. Displays Time, Distance, Calories, SPM, Watts, Pulse, Mets.
USER PROFILES	2 User Profiles with Custom Keys--(Can Be Disabled)
PROGRAMS	10 Pre-Loaded Programs - INTERVAL, HIIT - (High Intensity Interval Training), HRC - (Target, HR Interval), MANUAL - (Goal), CLASSIC- (Random, Hill, Plateau), CONSTANT POWER - (Watts), Cool Down
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	BT, ANT+, and 5kHz Wireless Receivers
MANAGER MODE	Software Update, Pause Mode, Display Mode, and More
USB	Power Charging, Software Updates
WARRANTY	Commercial: Display: 3 Years / Labor: 2 Year (CSAFE, USB Port, 90 Days, No Labor)

WARRANTY

COMMERCIAL	Frame: 10 Years / Parts: 5 Years / Labor: 2 Years
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E1200 ADJUSTABLE-STRIDE ELLIPTICAL

BODYCRAFT Ellipticals provide a smooth, virtually silent, and satisfying workout. The Suspended Design eliminates wheels, tracks, and their associated noise and maintenance. The Ergonomic Styling allows users to maintain a natural upright position. The Compact Design of the E1200 includes an easy access, Low Step up height with an Adjustable Stride Range from 19–25". The oversized Smooth Flow Comfort Pads give a cushioned, comfortable experience. BODYCRAFT Ellipticals when paired with our EXP consoles provide a greater variety of workouts that can target different muscle groups while maintaining natural movement.

CONSOLE OPTIONS

16 INCH TOUCHSCREEN



10 INCH TOUCHSCREEN



9 INCH LCD



HIGHLIGHTS

- Interchangeable EXP Series Consoles
- Whisper Quiet Pure Precision Commercial Generator Brake
 - Patented Electronic Adjustable Stride 19" To 25"
 - Dual-Action Multi-Grip Handlebars
- Handlebar Controls for Stride Length & Resistance
- BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet

Fully Interchangeable EXP Series Consoles. Choose between the 16" and 10" Touchscreen Consoles or Our 9" LCD Console



Our Smooth-Flow Comfort Pedals Paired with Our Patented Natural Stride Motion Provide Any User with the Smoothest, Most Comfortable Elliptical Motion Available.

HIGHLIGHTS



ADJUSTABLE STRIDE QUICK KEYS



HR PULSE GRIPS W/ QUICK LEVEL KEYS



WHISPER QUIET GENERATOR BRAKE

CLICK OR SCAN FOR MORE INFORMATION



E1200 ADJUSTABLE-STRIDE ELLIPTICAL

TECHNICAL SPECIFICATIONS

BRAKE SYSTEM	Whisper Quiet Pure Precision Commercial Generator Brake
RESISTANCE LEVELS	30
MAX RESISTANCE	610 Watts
STRIDE LENGTH	Patented Electronic Adjustable Stride 19" To 25"
PEDAL SPACING	1.5"
HANDLEBARS	Dual-Action Multi-Grip
MOBILITY	Built-in Transport Wheels
HEART RATE	Hand Pulse Grips / Wireless Receiver (BT, ANT+, & 5kHz)
STABILITY	Adjustable Self Leveling Stabilizer Feet
ENTRY/EXIT	Rear Entry – 10.5" Step Up Height
QUICK KEYS	Quick Level Keys – Quick Stride Length Keys
POWER	12V – 5 AMP – AC Adapter
MAX USER WEIGHT	400lbs
DIMENSIONS	(73"L Live) x 31.5" W x 69.5"H BOXED: 33.5L x 30"W x 58.5"H
WEIGHT	313 LBS (Assembled)

TOUCHSCREEN CONSOLE SPECIFICATIONS

DISPLAY	10" or 16" High Definition, Full Color, Interactive Touch Screen Computer Display
DATA FEEDBACK	User Defined Data Feedback: SPM, Steps, Distance, Time, Pulse, Mets, Calories, Watts, Level, Stride Length, Media, Volume, Wifi, Bluetooth, Workout Summary
USER PROFILES	6 Fully Customizable User Profiles – 10 Favorite/Custom Programs Each – Stores Comprehensive Data
PROGRAMS	20+ Pre-Loaded Programs: Quick Start, Classics (Goals, Hill, Random, Plateau, Constant Power, Race), Intervals (Classic, HIIT, Custom), HRC's Target, Interval, Fat Burn, Cardio), Fitness Test, Custom, Cool Down
VIRTUAL SCENES	4 Virtual Scenes – Forests, Beaches, Tropics, Mountains
APPS/MEDIA	Pre-Loaded Media Apps, Chrome, YouTube, Facebook, Instagram, Hulu, Netflix, Disney+, Prime Video, Spotify, USB Music MP3 and Video MP4, HDMI Input, Use Bluetooth to Connect to Apps on Smartphone or Tablet
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	BT, ANT+, and 5kHz Wireless Receivers
AUDIO	3.5mm Audio Jack & Wireless Bluetooth Audio
USB	Power Charging, Software Updates, MP3/MP4 Player
INTERNET	Wired (Ethernet) and Wireless (Wifi) Internet, Cloud Software Update
HDMI	HDMI Input to Expand Your Entertainment Experience
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
MANAGER MODE	Change Parameters, Add Own Logo, Error Code Feedback, Software Updates, Diagnostic History Log, and More
LANGUAGE	Choose from 4 Languages, English, French, Spanish, or Chinese
WARRANTY	Commercial: Display: 3 Years / Labor: 2 Year (CSAFE, USB Port, 90 Days, No Labor)

LCD CONSOLE SPECIFICATIONS

DISPLAY	9" Black Mask LCD Interactive Computer Display
DATA FEEDBACK	All-In-One Continuous Feedback with Message Center. Displays Time, Distance, Calories, Watts, Pulse, Level, Stride Length.
USER PROFILES	2 User Profiles--(Can Be Disabled)
PROGRAMS	10 Pre-Loaded Programs - INTERVAL, HIIT - (High Intensity Interval Training), HRC - (Target, HR Interval), MANUAL - (Goal), CLASSIC- (Random, Hill, Plateau), CONSTANT POWER - (Watts), Cool Down
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	BT, ANT+, and 5kHz Wireless Receivers
MANAGER MODE	Software Update, Pause Mode, Display Mode, and More
USB	Power Charging, Software Updates
WARRANTY	Commercial: Display: 3 Years / Labor: 2 Year (CSAFE, USB Port, 90 Days, No Labor)

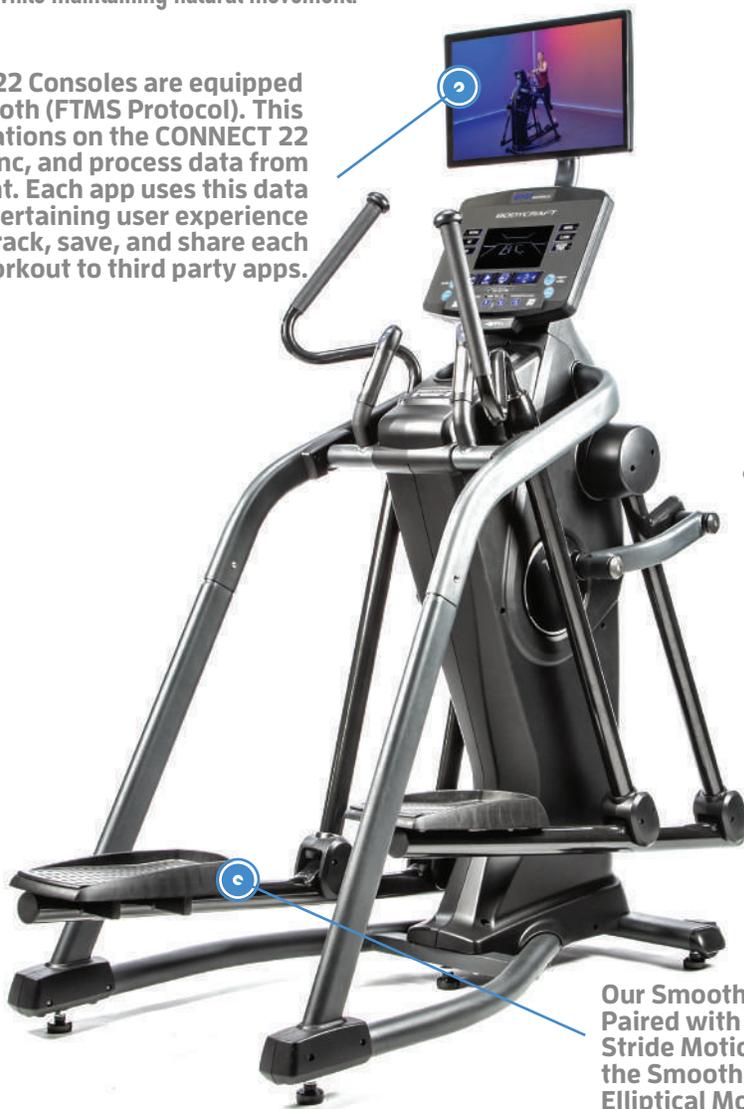
WARRANTY

COMMERCIAL	Frame: 10 Years / Parts: 5 Years / Labor: 2 Years
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E1000 ELLIPTICAL

BODYCRAFT Ellipticals provide a smooth, virtually silent, and satisfying workout. The Suspended Design eliminates wheels, tracks, and their associated noise and maintenance. The Ergonomic Styling allows users to maintain a natural upright position. The Compact Design includes an easy access Low Step up height and the oversized Smooth Flow Comfort Pads give a cushioned, comfortable experience. BODYCRAFT Ellipticals when paired with our EXP consoles provide a greater variety of workouts that can target different muscle groups while maintaining natural movement.

The Connect 22 Consoles are equipped with Bluetooth (FTMS Protocol). This allows applications on the CONNECT 22 to access, sync, and process data from the equipment. Each app uses this data to create an entertaining user experience and can track, save, and share each workout to third party apps.



Our Smooth-Flow Comfort Pedals Paired with Our Patented Natural Stride Motion Provide Any User with the Smoothest, Most Comfortable Elliptical Motion Available.

CONSOLE OPTIONS

CONNECT 22
ANDROID TABLET



9 INCH
LCD



HIGHLIGHTS

- Interchangeable EXP Series Consoles
- Whisper Quiet Pure Precision Commercial Generator Brake
 - 23" Stride Length
- Dual-Action Multi-Grip Handlebars
 - Handlebar Resistance Controls
- BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet

LEARN MORE
ABOUT
CONNECT 22



LEARN MORE
ABOUT
DISCLAIMERS



CLICK OR
SCAN FOR MORE
INFORMATION



HIGHLIGHTS



AUDIO JACK & USB CHARGER



HR PULSE GRIPS W/ QUICK LEVEL KEYS



WHISPER QUIET GENERATOR BRAKE

BODYCRAFT

EXP SERIES™

TECHNICAL SPECIFICATIONS

BRAKE SYSTEM	Whisper Quiet Pure Precision Commercial Generator Brake
RESISTANCE LEVELS	30
MAX RESISTANCE	610 Watts
STRIDE LENGTH	23"
PEDAL SPACING	1.5"
HANDLEBARS	Dual-Action Multi-Grip
MOBILITY	Built-in Transport Wheels
HEART RATE	Hand Pulse Grips / Wireless Receiver (BT, ANT+, & 5kHz)
STABILITY	Adjustable Self Leveling Stabilizer Feet
ENTRY/EXIT	Rear Entry – 10.5" Step Up Height
QUICK KEYS	Quick Level Keys
POWER	12V – 3 AMP – AC Adapter / Self Generating LCD Display
MAX USER WEIGHT	400lbs
DIMENSIONS	(73"L Live) x 31.5" W x 69.5"H BOXED: 33.5L x 30"W x 58.5"H
WEIGHT	291 LBS (Assembled)

LCD CONSOLE SPECIFICATIONS

DISPLAY	9" Black Mask LCD Interactive Computer Display
DATA FEEDBACK	All-In-One Continuous Feedback with Message Center. Displays Time, Distance, Calories, Watts, Pulse, Level, Stride Length.
USER PROFILES	2 User Profiles--(Can Be Disabled)
PROGRAMS	10 Pre-Loaded Programs - INTERVAL, HIIT - (High Intensity Interval Training), HRC - (Target, HR Interval), MANUAL - (Goal), CLASSIC - (Random, Hill, Plateau), CONSTANT POWER - (Watts), Cool Down
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	BT, ANT+, and 5kHz Wireless Receivers
MANAGER MODE	Software Update, Pause Mode, Display Mode, and More
USB	Power Charging, Software Updates
WARRANTY	Commercial: Display: 3 Years / Labor: 2 Year (CSAFE, USB Port, 90 Days, No Labor)

WARRANTY

COMMERCIAL	Frame: 10 Years / Parts: 5 Years / Labor: 2 Years
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CONNECT 22

22" ANDROID TOUCHSCREEN TABLET

YOU CHOOSE



FEATURES

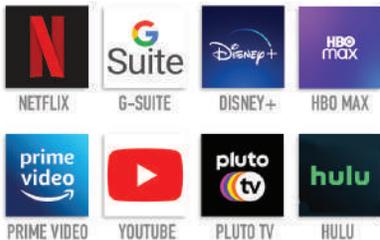
- YOU CHOOSE YOUR EXPERIENCE – The Fully Open-Platform Android Tablet
- Pre-Loaded with Google, fitness, and entertainment Apps
- The only GMS certified 22" android Tablet available
(The GMS certification is Google's stamp of approval that a device meets all the specifications and requirements recommended by Google)
- YOU CHOOSE YOUR WORKOUT – Download your favorite entertainment or fitness App.
- Hundreds of FREE virtual scenery, virtual training, and fitness videos on YouTube App
- Functions like any Android based device
- Initial Walk-through Set up screens
- Bluetooth Audio
- Internal Speakers
- Google play store
- Connect to fitness apps with Dual Pro Sensor (Indoor Cycles)
- Connects to fitness Apps with VR500-PRO (Rower-RW56 CONSOLE)
- Multi user login (can have multiple google accounts)
- Game changing Immersive Experience
- Wireless screen mirroring – Apple and Android phones and tablets
- Tablet Adjustability. 180 rotation and 180 degree tilting
- Inputs include – LAN – HDMI Out – USB 3.0 – Micro SD slot – USB 3.0 Type C

SPECS

- System Memory – 4GB
- Storage Device – 32GB
- Size / Resolution – 22" TFT LCD / 1920 x 1080
- USB Port – 1 x USB 3.0 Type A 1 x USB 3.0 Type C
- LAN Port – 1
- SD Slot – 1 x Micro SD Slot
- HDMI (OUTPUT ONLY)
- System – Android 9.0 – GMS CERTIFIED

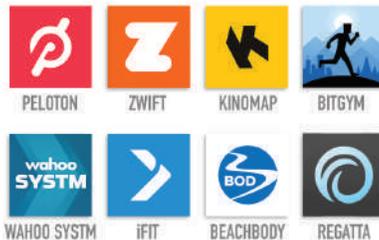
WARRANTY

- 12 Months Warranty against defects and in workmanship and materials



ARE YOU NOT ENTERTAINED?

The CONNECT 22 allows you to stream your favorite movies and shows while you workout. Stay entertained and watch your workout fly by as you burn calories and get the most out of your workout.
*Individual subscriptions may be required



WORKIN' ON MY FITNESS

Many fitness applications are available on the Connect 22. Ride a bike through virtual scenery, run through Watopia, row down the Nile, or even train with a coach to achieve your goals Download and choose your own experience from the Google Play Store!
*Individual subscriptions may be required

R1000 RECUMBENT BIKE

One of the Most Comfortable and Fully Featured Recumbent Bikes Available. The R1000 is a Commercial Recumbent Bike Featuring a Fully Adjustable, Ultra-Wide, Extra Padded Comfort Seat with Lumbar Support Back Pad. Safe and Easy Walk-Through Frame Design, Features and Ergonomics of the R1000 Ensure a Comfortable, Quiet, and Smooth Workout.

Fully Interchangeable EXP Series Consoles. Choose between the 16" and 10" Touchscreen Consoles or Our 9" LCD Console



Fully Adjustable Ultra-Wide Extra Padded Comfort Seat with Lumbar Support Back Pad.

CONSOLE OPTIONS

16 INCH TOUCHSCREEN



10 INCH TOUCHSCREEN



9 INCH LCD



HIGHLIGHTS

- Interchangeable EXP Series Consoles
- Quiet Pure Precision Commercial Generator Brake
 - 30 Resistance Levels
 - Heart Rate Hand Pulse Grips
 - Handlebar Resistance Controls
- BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet

HIGHLIGHTS



HR PULSE GRIPS W/ QUICK LEVEL KEYS



6 RECLINING & 16 FORE/AFT POSITIONS



WHISPER QUIET GENERATOR BRAKE

CLICK OR SCAN FOR MORE INFORMATION



R1000 RECUMBENT BIKE

TECHNICAL SPECIFICATIONS

BRAKE SYSTEM	Whisper Quiet Pure Precision Commercial Generator Brake
RESISTANCE LEVELS	30
MAX RESISTANCE	610 Watts
DRIVE SYSTEM	10 LB Flywheel with Dual Stage Drive
PEDAL SPACING	Q Factor 7.5"
SEAT	Ultra Wide Comfort Seat w/ 6 Reclining and 16 Fore / Aft Positions
SEAT HANDLE	Built-in Adjustable Resistance Controls
HEART RATE	Hand Pulse Grips / Wireless Receiver (BT, ANT+, & 5kHz)
STABILITY	Adjustable Self Leveling Stabilizer Feet
ENTRY/EXIT	Walk Through Frame - Front Frame Grips
QUICK KEYS	Quick Level Keys
POWER	12V – 3 AMP – AC Adapter / Self Generating LCD Display
MAX USER WEIGHT	400lbs
DIMENSIONS	58"L x 27"W x 60"H (Assembled)
WEIGHT	195LBS (Assembled)

TOUCHSCREEN CONSOLE SPECIFICATIONS

DISPLAY	10" or 16" High Definition, Full Color, Interactive Touch Screen Computer Display
DATA FEEDBACK	User Defined Data Feedback: SPM, Steps, Distance, Time, Pulse, Mets, Calories, Watts, Level, Stride Length, Media, Volume, Wifi, Bluetooth, Workout Summary
USER PROFILES	6 Fully Customizable User Profiles – 10 Favorite/Custom Programs Each – Stores Comprehensive Data
PROGRAMS	20+ Pre-Loaded Programs: Quick Start, Classics (Goals, Hill, Random, Plateau, Constant Power, Race), Intervals (Classic, HIIT, Custom), HRC's Target, Interval, Fat Burn, Cardio), Fitness Test, Custom, Cool Down
VIRTUAL SCENES	4 Virtual Scenes – Forests, Beaches, Tropics, Mountains
APPS/MEDIA	Pre-Loaded Media Apps, Chrome, YouTube, Facebook, Instagram, Hulu, Netflix, Disney+, Prime Video, Spotify, USB Music MP3 and Video MP4, HDMI Input, Use Bluetooth to Connect to Apps on Smartphone or Tablet
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	BT, ANT+, and 5kHz Wireless Receivers
AUDIO	3.5mm Audio Jack & Wireless Bluetooth Audio
USB	Power Charging, Software Updates, MP3/MP4 Player
INTERNET	Wired (Ethernet) and Wireless (Wifi) Internet, Cloud Software Update
HDMI	HDMI Input to Expand Your Entertainment Experience
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
MANAGER MODE	Change Parameters, Add Own Logo, Error Code Feedback, Software Updates, Diagnostic History Log, and More
LANGUAGE	Choose from 4 Languages, English, French, Spanish, or Chinese
WARRANTY	Commercial: Display: 3 Years / Labor: 2 Year (CSAFE, USB Port, 90 Days, No Labor)

LCD CONSOLE SPECIFICATIONS

DISPLAY	9" Black Mask LCD Interactive Computer Display
DATA FEEDBACK	All-In-One Continuous Feedback with Message Center. Displays Time, Distance, Calories, Mets, Watts, Pulse, Level.
USER PROFILES	2 User Profiles--(Can Be Disabled)
PROGRAMS	10 Pre-Loaded Programs - INTERVAL, HIIT - (High Intensity Interval Training), HRC - (Target, HR Interval), MANUAL - (Goal), CLASSIC- (Random, Hill, Plateau), CONSTANT POWER - (Watts), Cool Down
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	BT, ANT+, and 5kHz Wireless Receivers
MANAGER MODE	Software Update, Pause Mode, Display Mode, and More
USB	Power Charging, Software Updates
WARRANTY	Commercial: Display: 3 Years / Labor: 2 Year (CSAFE, USB Port, 90 Days, No Labor)

WARRANTY

COMMERCIAL	Frame: 10 Years / Parts: 5 Years / Labor: 2 Years
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U1000 UPRIGHT BIKE

One of the Most Comfortable and Fully Featured Upright Bikes Available. The U1000 is a Commercial Upright Bike Featuring an Ultra-Wide Extra Padded Comfort Seat with Gas-Assist Height Adjustment System. Easy Access Thumb Controls and Elbow Rests Combined with other Design Features, and Ergonomics Allow for a Comfortable, Quiet, and Smooth Ride.

Fully Interchangeable EXP Series Consoles. Choose between the 16" and 10" Touchscreen Consoles or Our 9" LCD Console



CONSOLE OPTIONS

16 INCH TOUCHSCREEN



10 INCH TOUCHSCREEN



9 INCH LCD



HIGHLIGHTS

- Interchangeable EXP Series Consoles
- Whisper Quiet Pure Precision Commercial Generator Brake
 - 30 Resistance Levels
 - Heart Rate Hand Pulse Grips
 - Handlebar Resistance Controls
- BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet

HIGHLIGHTS



HR PULSE GRIPS W/ QUICK LEVEL KEYS



OVERSIZED PEDALS WITH STRAP



WHISPER QUIET GENERATOR BRAKE

CLICK OR SCAN FOR MORE INFORMATION



U1000 UPRIGHT BIKE

TECHNICAL SPECIFICATIONS

BRAKE SYSTEM	Whisper Quiet Pure Precision Commercial Generator Brake
RESISTANCE LEVELS	30
MAX RESISTANCE	610 Watts
DRIVE SYSTEM	10 LB Flywheel with Dual Stage Drive
PEDAL SPACING	Q Factor 7.5"
SEAT	Ultra Wide Comfort Seat W/ 20 Height Positions
HANDLEBARS	Multi-Position W/ Heart Rate Pulse Grips W/ Resistance Controls
HEART RATE	Hand Pulse Grips / Wireless Receiver (BT, ANT+, & 5kHz)
STABILITY	Adjustable Self Leveling Stabilizer Feet
MOBILITY	Built-In Transport Wheels
QUICK KEYS	Quick Level Keys
POWER	12V – 3 AMP – AC Adapter / Self Generating LCD Display
MAX USER WEIGHT	400lbs
DIMENSIONS	44"L x 26"W x 60"H BOXED: 52"L x 13"W x 31"H
WEIGHT	163 LBS (Assembled)

TOUCHSCREEN CONSOLE SPECIFICATIONS

DISPLAY	10" or 16" High Definition, Full Color, Interactive Touch Screen Computer Display
DATA FEEDBACK	User Defined Data Feedback: SPM, Steps, Distance, Time, Pulse, Mets, Calories, Watts, Level, Stride Length, Media, Volume, Wifi, Bluetooth, Workout Summary
USER PROFILES	6 Fully Customizable User Profiles – 10 Favorite/Custom Programs Each – Stores Comprehensive Data
PROGRAMS	20+ Pre-Loaded Programs: Quick Start, Classics (Goals, Hill, Random, Plateau, Constant Power, Race), Intervals (Classic, HIIT, Custom), HRC's Target, Interval, Fat Burn, Cardio), Fitness Test, Custom, Cool Down
VIRTUAL SCENES	4 Virtual Scenes – Forests, Beaches, Tropics, Mountains
APPS/MEDIA	Pre-Loaded Media Apps, Chrome, YouTube, Facebook, Instagram, Hulu, Netflix, Disney+, Prime Video, Spotify, USB Music MP3 and Video MP4, HDMI Input, Use Bluetooth to Connect to Apps on Smartphone or Tablet
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	BT, ANT+, and 5kHz Wireless Receivers
AUDIO	3.5mm Audio Jack & Wireless Bluetooth Audio
USB	Power Charging, Software Updates, MP3/MP4 Player
INTERNET	Wired (Ethernet) and Wireless (Wifi) Internet, Cloud Software Update
HDMI	HDMI Input to Expand Your Entertainment Experience
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
MANAGER MODE	Change Parameters, Add Own Logo, Error Code Feedback, Software Updates, Diagnostic History Log, and More
LANGUAGE	Choose from 4 Languages, English, French, Spanish, or Chinese
WARRANTY	Commercial: Display: 3 Years / Labor: 2 Year (CSAFE, USB Port, 90 Days, No Labor)

LCD CONSOLE SPECIFICATIONS

DISPLAY	9" Black Mask LCD Interactive Computer Display
DATA FEEDBACK	All-In-One Continuous Feedback with Message Center. Displays Time, Distance, Calories, Mets, Watts, Pulse, Level.
USER PROFILES	2 User Profiles--(Can Be Disabled)
PROGRAMS	10 Pre-Loaded Programs - INTERVAL, HIIT - (High Intensity Interval Training), HRC - (Target, HR Interval), MANUAL - (Goal), CLASSIC- (Random, Hill, Plateau), CONSTANT POWER - (Watts), Cool Down
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	BT, ANT+, and 5kHz Wireless Receivers
MANAGER MODE	Software Update, Pause Mode, Display Mode, and More
USB	Power Charging, Software Updates
WARRANTY	Commercial: Display: 3 Years / Labor: 2 Year (CSAFE, USB Port, 90 Days, No Labor)

WARRANTY

COMMERCIAL	Frame: 10 Years / Parts: 5 Years / Labor: 2 Years
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EXP SERIES™ CONSOLES

Three different optional Consoles can be paired with each Bodycraft Commercial Unit. The 16 inch and 10 inch Smart Touch Consoles provide a full entertainment experience. From the built in Virtual Scenes to Apps such as Netflix, YouTube, Chrome Browser, and more. The Hi-Def LCD Console Constantly shows all important information on one screen. The scrolling message center assists you with direction before, during, and after your workout. No toggling required. All three consoles can connect to any personal device using Bluetooth, or ANT+. Data can be uploaded to almost any App of one's choice.

**16 INCH
TOUCHSCREEN**



**10 INCH
TOUCHSCREEN**



**9 INCH
LCD**



TOUCHSCREEN HIGHLIGHTS



PRE-INSTALLED APPS

Connect to WIFI and Choose from Apps like: Chrome, Youtube, Netflix, Hulu, Facebook, Instagram, Disney+, and Prime Video.



HDMI CONNECTIVITY

Mirror Your Phone or Tablet Via an HDMI Adapter or Connect Devices Like an Apple Tv, Roku, Firestick, or a Cable Box.



FITNESS TESTS

Our Touchscreen Consoles are Loaded with 9 Different Fitness Test including: Bruce, Gerkin, WFI, PEB, and all Military Branches.

HIGHLIGHTS

- CSAFE Compatible
- BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
- USB Input for Charging & Software Updates
 - 5KHz Wireless Heart Rate Receiver
 - Built-In Phone, Tablet, Reading Rack
- 3 Speed Tilting Fan on All Treadmill Consoles

EXP SERIES™ CONSOLES

TOUCHSCREEN CONSOLE SPECIFICATIONS

DISPLAY	10" or 16" High Definition, Full Color, Interactive Touch Screen Computer Display
DATA FEEDBACK	Speed, Incline, Time, Distance, Pace, Pulse, Steps, Calories, Watts, METs, Message Center, Program Profile/Track, Laps, Workout Summary, RPM, Level, Stride Length
USER PROFILES	6 Fully Customizable User Profiles – 10 Favorite/Custom Programs Each – Stores Comprehensive Data
PROGRAMS	20+ Pre-Loaded Programs: Quick Start, Classics (Goals, Hill, Random, Plateau, Constant Power, Race), Intervals (Classic, HIIT, Custom), HRC's (Target, Interval, Fat Burn, Cardio), Fitness Test, Custom, Cool Down
VIRTUAL SCENES	4 Virtual Scenes – Forests, Beaches, Tropics, Mountains
APPS/MEDIA	Pre-Loaded Media Apps, Chrome, YouTube, Facebook, Instagram, Hulu, Netflix, Disney+, Prime Video, Spotify, USB Music MP3 and Video MP4, HDMI Input, Use Bluetooth to Connect to Apps on Smartphone or Tablet
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	Bluetooth, ANT+, and 5kHz Wireless Receivers
AUDIO	3.5mm Audio Jack & Wireless Bluetooth Audio
USB	Power Charging, Software Updates, MP3/MP4 Player
INTERNET	Wired (Ethernet) and Wireless (Wifi) Internet, Cloud Software Update
HDMI	HDMI Input to Expand Your Entertainment Experience
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
LANGUAGE	Choose from 4 Languages, English, French, Spanish, or Chinese
MANAGER MODE	Change Parameters, Disable User Profiles, Add Logo, Error Code Feedback, Software Updates, Diagnostic History Log

LCD CONSOLE SPECIFICATIONS

DISPLAY	9" Black Mask LCD Interactive Computer Display
DATA FEEDBACK	Speed, Incline, Time, Distance, Pace, Pulse, Steps, Calories, Message Center, Program Profile/Track, Laps, Workout Summary, METs, Watts, RPM, Level, Stride Length
USER PROFILES	2 User Profiles with Custom Keys--(Can Be Disabled)
PROGRAMS	10 Pre-Loaded Programs - INTERVAL, HIIT - (High Intensity Interval Training), HRC - (Target, HR Interval), MANUAL - (Goal), CLASSIC - (Random, Hill, Plateau), CONSTANT POWER - (Watts), Cool Down
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	Bluetooth, ANT+, and 5kHz Wireless Receivers
MANAGER MODE	Software Update, Pause Mode, Display Mode, and More
USB	Power Charging, Software Updates

WARRANTY

COMMERCIAL	3 Years Console Parts* / Labor: 2 Years** *90 Days CSAFE & USB Ports / **Excludes CSAFE & USB Ports, No Labor
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SPR

The SPR is an affordable yet high-quality indoor cycle, unmatched in durability and features. With maintenance-free BODYCRAFT Eddy Current Magnetic Technology, it provides extended and robust riding experiences.

Our Multi-Grip Handlebars offer four grip positions with extensive 2.5" fore/aft and 6" vertical adjustment for a personalized fit.



HIGHLIGHTS

FORE & AFT
ADJUSTABLE SEAT



FORE & AFT
ADJUSTABLE HANDLEBARS



SPD PEDALS



Built-In Computer offers an interactive display that showcases your resistance level through a bar graph and numerical representation. The display provides essential metrics

OPTIONAL ADD-ONS



COMFORT SADDLE



CONNECT 22 TABLET



DUAL PRO SPEED & CADENCE SENSOR

SFR - INDOOR CYCLE

FEATURES AND SPECIFICATIONS

FRAME	Heavy Duty Steel, w/Built-In 4 Point Heavy Duty Levelers & Ball Bearing Transport Wheels
FLYWHEEL	SKF Precision Sealed Bearings, Precision Balanced Perimeter Weighted Aluminum Flywheel
DRIVE	Direct Drive Maintenance-Free Automotive Grade Kevlar Reinforced Drive Belt.
RESISTANCE	Magnetic Eddy Current Resistance Controlled Via Shifter Style Lever
BOTTOM BRACKET	Precision Bearings and Case Hardened Shaft
CRANK ASSEMBLY	Three Piece Cold-Forged Steel, 175mm Long
SPD PEDALS	9/16" Aluminum Alloy Dual Sided Pedals with Toe Cage
SEAT POST/ HANDLEBAR STEM	Chrome Plated Steel with Infinite Fore and Aft Adjustments with Scale
SADDLE	Fully Adjustable High-Performance Racing Saddle - 10.5"L x 6.75"W
HANDLEBAR	Multi-Grip: Aero, Cross, Bull-Horn and Racing Ergo Grip Positions.
MAX WEIGHT	350 lbs
FLOOR SPACE	52" Long x 22" Wide x 45.7" High
BOX DIMS	49" Long x 10" Wide x 42" High
WEIGHT	127 lbs

WARRANTY

10 YEARS	Frame: Structural main frames & welds
1 YEAR	Parts: Upholstery, Flywheel, finish, and rubber grips.
90 DAYS	Labor

ADD-ONS

CONNECT 22	Open Platform 22" Android Touchscreen - Stream videos, or connect to fitness apps
DUAL PRO SENSOR	Solution for tracking data, app compatible, displays data on smartphones and tablets
COMFORT SADDLE	Duluxe Velo comfort saddle, extra padding, 10.75"L x 8.25"W, elastomer spring susension

SPT MAG

The SPT-MAG indoor cycle offers unbeatable durability, features, and overall excellence, thanks to maintenance-free BODYCRAFT Eddy Current Magnetic Technology, providing extended, robust riding experiences for vigorous users, balancing affordability and superior quality.

HIGHLIGHTS



FORE & AFT
ADJUSTABLE SEAT



FORE & AFT
ADJUSTABLE HANDLEBARS



SPD PEDALS



Our Multi-Grip Handlebars offer four grip positions with extensive 2.5" fore/aft and 6" vertical adjustment for a personalized fit.

The SPT-MAG's sweat guard shields the flywheel, prolonging the indoor cycle's lifespan and ensuring a smooth, enjoyable ride.

OPTIONAL ADD-ONS



INTERACTIVE COMPUTER



CONNECT 22 TABLET



DUAL PRO SPEED & CADENCE SENSOR

SPT MAG - INDOOR CYCLE

FEATURES AND SPECIFICATIONS

FRAME	Heavy Duty Steel, w/Built-In 4 Point Heavy Duty Levelers & Ball Bearing Transport Wheels
FLYWHEEL	Precision Sealed Bearings, Precision Balanced Perimeter Weighted Aluminum Flywheel
DRIVE	Direct Drive Maintenance-Free Automotive Grade Kevlar Reinforced Drive Belt.
RESISTANCE	Magnetic Eddy Current Resistance Controlled Via Micro-Adjust Knob
BOTTOM BRACKET	Precision Bearings and Case Hardened Shaft
CRANK ASSEMBLY	Three Piece Cold-Forged Steel, 175mm Long
SPD PEDALS	9/16" Aluminum Alloy Dual Sided Pedals with Toe Cage
SEAT POST/ HANDLEBAR STEM	Chrome Plated Steel with Infinite Fore and Aft Adjustments with Scale
SADDLE	Fully Adjustable High-Performance Racing Saddle - 10.5"L x 6.75"W
HANDLEBAR	Multi-Grip: Aero, Cross, Bull-Horn and Racing Ergo Grip Positions.
MAX WEIGHT	350 lbs
FLOOR SPACE	42" Long x 24" Wide x 47" High
BOX DIMS	45" Long x 10" Wide x 43" High
WEIGHT	116 lbs

WARRANTY

10 YEARS	Frame: Structural main frames & welds
1 YEAR	Parts: Upholstery, Flywheel, finish, and rubber grips.
90 DAYS	Labor

ADD-ONS

CONNECT 22	Open Platform 22" Android Touchscreen - Stream videos, or connect to fitness apps
COMPUTER	Displays comprehensive feedback - Speed, Time, Distance, Calories, HR (with belt), Cadence
DUAL PRO SENSOR	Solution for tracking data, app compatible, displays data on smartphones and tablets
COMFORT SADDLE	Duluxe Velo comfort saddle, extra padding, 10.75"L x 8.25"W, elastomer spring suspension

SPX MAG

The SPX-MAG is Built and Warranted for the Most Aggressive User, Yet Affordable, this Indoor Cycle is Unsurpassed in Quality Durability, and Features. The SPX-MAG Features Maintenance Free BODYCRAFT Eddy Current Magnetic Technology, Keeping You Riding Longer and Stronger.

HIGHLIGHTS



FORE & AFT
ADJUSTABLE SEAT



FORE & AFT
ADJUSTABLE HANDLEBARS



SPD PEDALS



Our Multi-Grip Handlebars offer four grip positions with extensive 2.5" fore/aft and 6" vertical adjustment for a personalized fit.

Eddy Current Magnetic Technology is ultra-responsive. The precision-weighted flywheel and sealed bearings ensure a supremely quiet and smooth experience.

OPTIONAL ADD-ONS



INTERACTIVE COMPUTER



CONNECT 22 TABLET



DUAL PRO SPEED & CADENCE SENSOR

SPX MAG - INDOOR CYCLE

FEATURES AND SPECIFICATIONS

FRAME	Heavy Duty Steel, w/Built-In 4 Point Heavy Duty Levelers & Ball Bearing Transport Wheels
FLYWHEEL	Precision Sealed Bearings, Precision Balanced Perimeter Weighted Aluminum Flywheel
DRIVE	Direct Drive Maintenance-Free Automotive Grade Kevlar Reinforced Drive Belt.
RESISTANCE	Magnetic Eddy Current Resistance Controlled Via Micro-Adjust Knob
BOTTOM BRACKET	Precision Bearings and Case Hardened Shaft
CRANK ASSEMBLY	Three Piece Cold-Forged Steel, 175mm Long
SPD PEDALS	9/16" Aluminum Alloy Dual Sided Pedals with Toe Cage
SEAT POST/ HANDLEBAR STEM	Chrome Plated Steel with Infinite Fore and Aft Adjustments with Scale
SADDLE	Fully Adjustable High-Performance Racing Saddle - 10.5"L x 6.75"W
HANDLEBAR	Multi-Grip: Aero, Cross, Bull-Horn and Racing Ergo Grip Positions.
MAX WEIGHT	300 lbs
FLOOR SPACE	43" Long x 24" Wide x 47" High
BOX DIMS	44" Long x 10" Wide x 38" High
WEIGHT	122 lbs

WARRANTY

10 YEARS	Frame: Structural main frames & welds
1 YEAR	Parts: Upholstery, Flywheel, finish, and rubber grips.
90 DAYS	Labor

ADD-ONS

CONNECT 22	Open Platform 22" Android Touchscreen - Stream videos, or connect to fitness apps
COMPUTER	Displays comprehensive feedback - Speed, Time, Distance, Calories, HR (with belt), Cadence
DUAL PRO SENSOR	Solution for tracking data, app compatible, displays data on smartphones and tablets

VR500 PRO ROWER

The Powered VR500 Pro Air and Magnetic Resistance Rower represents over a decade of research and development. This rower incorporates all the latest technology resulting in a smooth, high-performance rowing workout. Choose your own experience by adding our CONNECT22 Android Touchscreen Tablet to use apps like Netflix and YouTube where you will find virtual rowing and coaching videos. **NO SUBSCRIPTION REQUIRED!**



You choose your own immersive experience. No Subscription Required! Connect to fitness apps or watch streaming video. Download any app from the Google play store. Introducing the first fully open 22" Android touchscreen tablet for Bodycraft rowers. *Optional

The VR500 PRO uses AIR+MAGNETIC RESISTANCE providing the most realistic rowing experience available. Providing the broadest range of resistance up to 32 levels.

CONSOLE HIGHLIGHTS

ADJUSTABLE 7 INCH BLACK MASK LCD DISPLAY



COMPREHENSIVE FEEDBACK

TIME, DISTANCE, CALORIES, PULSE (with HR Belt), TIME/500M, STROKES, SPM, TOTAL STROKES, WATTS, LEVEL, & PROFILE

PROGRAMS

6 RACES (including Oxford), 4 HRC's (including custom), 3 INTERVALS, USER MODE, 1 CUSTOM DEFINABLE, & MANUAL

CONNECTIVITY



CONNECT TO APPS USING THE FTMS BLUETOOTH PROTOCOL AND ANT+

HIGHLIGHTS



MAGNETIC AND AIR RESISTANCE



FOLD & ROLL STORAGE SYSTEM



WIRELESS HANDLEBAR CONTROLS



VR500 PRO ROWER

FEATURES AND SPECIFICATIONS

RESISTANCE	32 Levels of Resistance Utilizing BODYCRAFT Air+Magnetic Eddy Current Technology
TRAVEL	38.5" of Travel Will Accommodate Users Up to 6'8"
HANDLEBAR	Ergonomically Correct Comfort Grip Aluminum Handlebar with Wireless Remote Control
SEAT	Contoured Comfort Seat with Heavy Duty Roller Bearings
SEAT HEIGHT	19"
SEAT TRAVEL	38.5" (up to 6'8" user height)
FOOT HOLD	Deluxe Adjustable Heel Rest with Quick Adjust Foot Straps
TRACK	Heavy Duty I-Beam Mono-Rail-High Strength T13 aluminum
DRIVE	Zero Maintenance Premium Nylon Belt Tested at 580lb load with 50,000 Repetitions
SUPPORT LEGS	Precision Formed Laser Cut High Strength Steel
STORAGE	Easy Fold and Roll System with Safety Child Lock
FINISH	Powder Coated Steel with Anodized Aluminum Beam
MAX WEIGHT	350lbs (up to 5 hours a day)
DIMENSIONS	98.5"L x 20"W x 38.5"H

WARRANTY

COMMERCIAL	Frame: 10 Years / Parts: 3 Years / Wear Items-Labor: 1 Year (up to 5 hours/day)
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CONSOLE

DISPLAY	Adjustable Tilting Hi-DEF Black Mask LCD w/High Contrast White LCD Technology
DATA	Time/500M, Calories, Pulse, Strokes Per Minute (SPM), Watts, Strokes, Meters, Time, Level, Profile
PROFILES	4 Users
PROGRAMS	6 Race, 4 HRC, 3 Interval, User Mode, 1 Custom Definable, Manual
BLUETOOTH	BT, ANT+, and 5kHz Wireless Receivers. FTMS Protocol Compatible
HEART RATE	Bluetooth/5khz Telemetry

CONNECT 22 *OPTIONAL

PROGRAMS	Fully Open Android Tablet Allows You To Choose From Countless Apps On Google Play Store
CONNECTION	Connects to Fitness Apps Through Bluetooth Using Real Time Data
RETROFIT	Fits On All VR400 & VR500 Models
PRELOADED APPS	Google Play, Hulu, Netflix, Etc.
BLUETOOTH	Headphone/Speaker Compatible - Also Connects To Applications
ADJUSTABILITY	180 Rotation and 180 Degree Tilting
INPUTS	LAN - HDMI Out - USB 3.0 - Micro SD Slot - USB 3.0 Type C
MULTI-USER	Using Multiple Google Accounts - Switch From Users to Custom Screen Setups.
POWER INPUT	1 x DC in 12V/4.16A 2 Pin
SIZE/RESOLUTION	22" TFT LCD / 1920 x 1080
WARRANTY	12 Months Warranty against defects and in workmanship and materials.

MULTI-PRESS

Experience the exceptional versatility of the BODYCRAFT EXP Series Multi Press, an unparalleled selectorized machine designed for a wide range of press exercises. Effortlessly switch between shoulder, incline, and flat presses, enjoying seamless transitions with convenience.

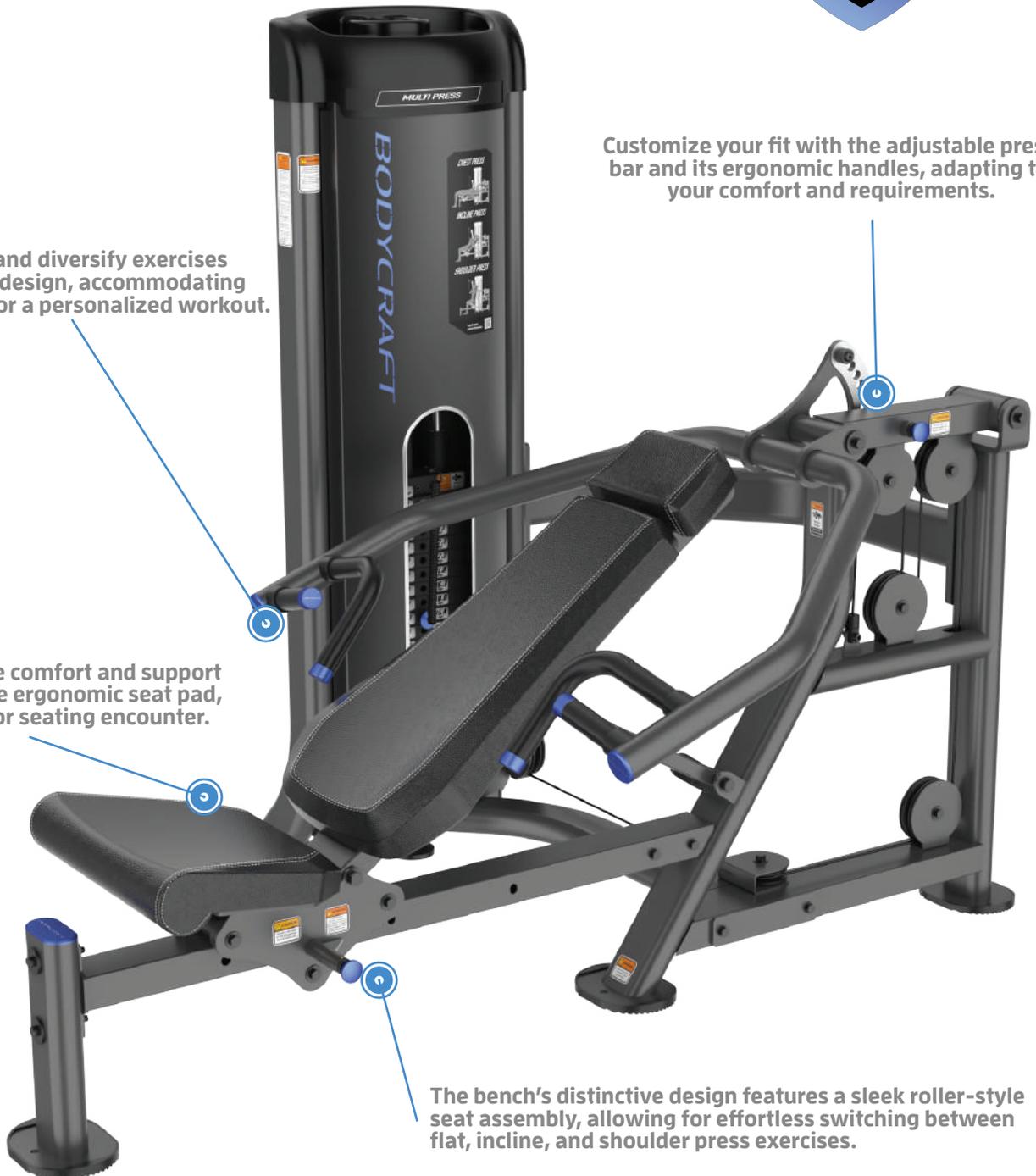


Improve comfort and diversify exercises with the multi-grip design, accommodating various preferences for a personalized workout.

Customize your fit with the adjustable press bar and its ergonomic handles, adapting to your comfort and requirements.

Experience ultimate comfort and support with the three-piece ergonomic seat pad, ensuring a superior seating encounter.

The bench's distinctive design features a sleek roller-style seat assembly, allowing for effortless switching between flat, incline, and shoulder press exercises.



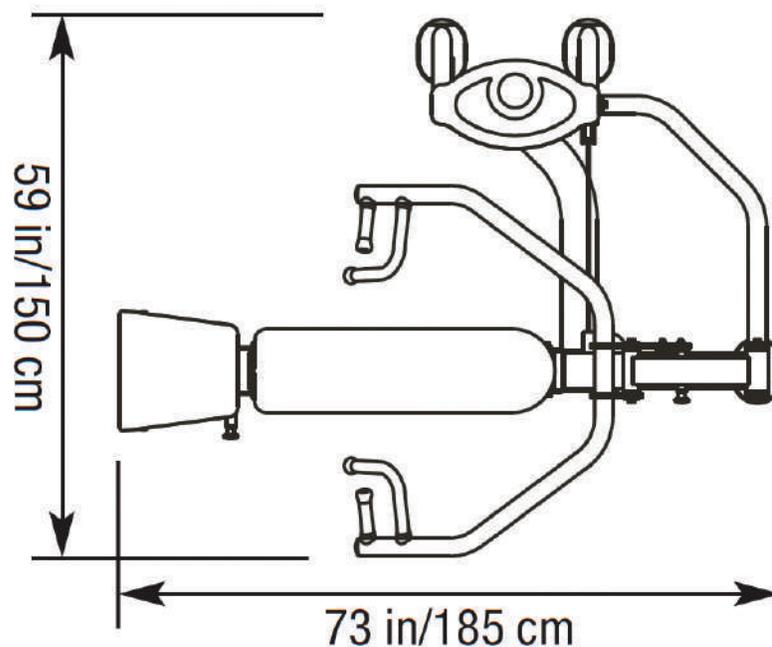
MULTI-PRESS

FEATURES AND SPECIFICATIONS

FRAME	Heavy duty 11-gauge 2" x 4" oval steel frames and 2" round tubing
PIVOT POINTS	1" diameter solid steel axle encased in machined housing on all primary pivot points
ROLLER BEARINGS	Sealed 2" precision ABEC bearings
PULLEYS	4-1/2" and 3-1/2" diameter fiberglass reinforced nylon pulleys with precision sealed bearings enclosed in protective steel covers.
PADS/UPHOLSTERY	High-density molded PU foam padding with double-stitched upholstery secured to 3/4" plywood backing.
CABLES	1/4" 4,200lb test 7x19 Nylon coated cable
GUIDE RODS	3/4" solid steel precision ground, hard chrome finish, guide rods
WEIGHT STACK	200lb Steel weight stack w/built-in storage compartment cover (upgradeable to 250lbs)
HAND GRIPS	Thermoplastic rubber hand grips secured w/ aluminum end caps for durability & improved feel
SHROUDS	Steel weight stack shrouds with decorative built-in storage compartment cover
SELECTOR PINS	Magnetic selector pins and steel weight stacks are easily accessible from seated position
STABILIZER FEET	Protective rubber stabilizer feet with anchoring holes
FINISH/AESTHETICS	Electro-statically applied powder coat finish baked at 400F Diamond Gray and Textured Black Powder Coated Heavy Gauge Steel Tubing Blue Anodized Aluminum Selector Pins and Pop-Pins and Blue Single Handle Accents
DIMENSIONS	73" L x 59" W x 59" H
WEIGHT	540 lb

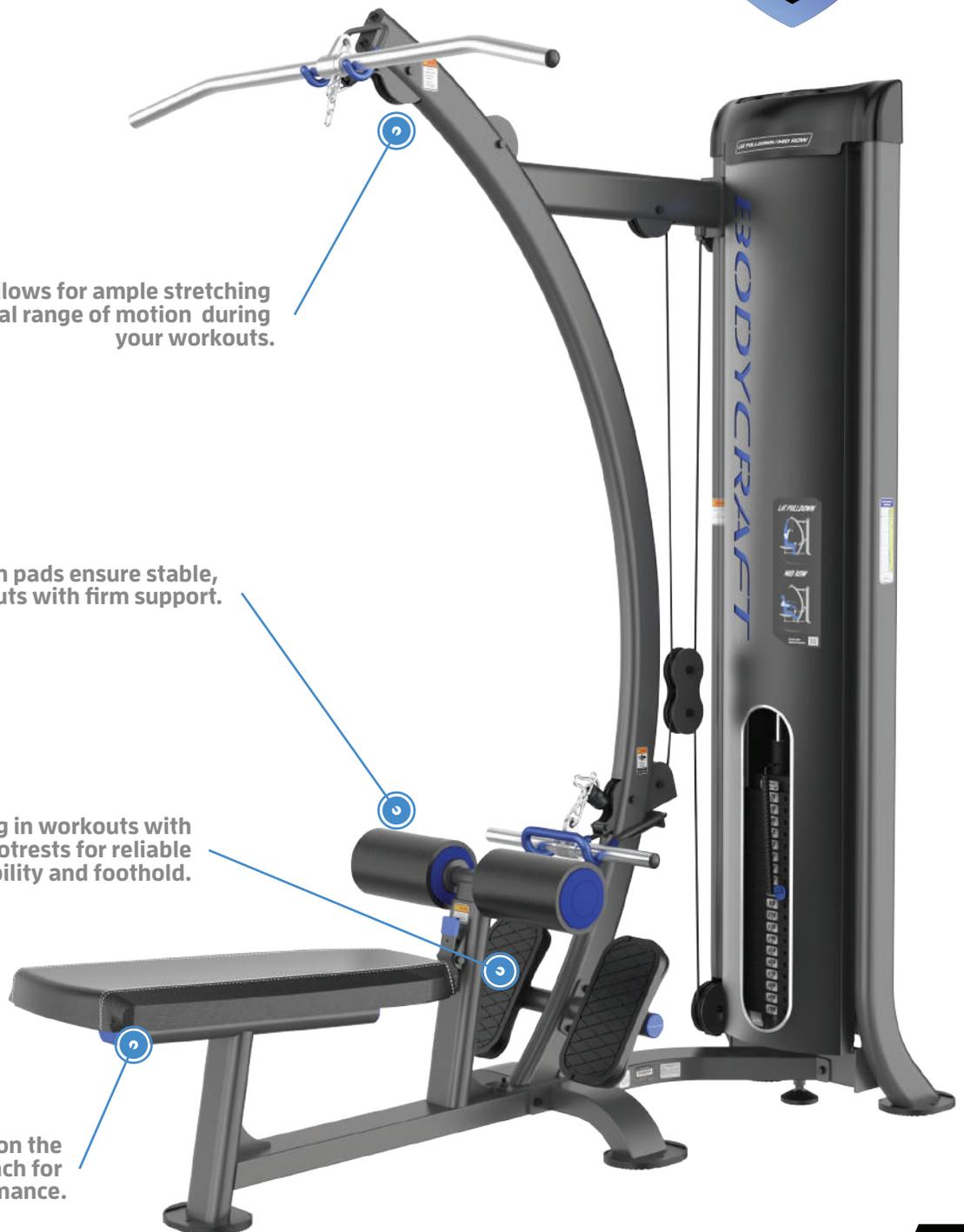
WARRANTY

10 YEARS	Structural main frames, welds, cams and weight plates.
5 YEARS	Pivot bearings, pulleys, bushings, and guide rods.
3 YEARS	Pull-pin components.
3 YEARS	Upholstery, cables, finish, and rubber grips.
ALL OTHER PARTS	Not mentioned, one year from the date of delivery to the original purchaser
90 DAYS	Labor



LAT PULLDOWN/MID ROW

Experience the perfect fusion of commercial-grade quality and versatility with the BODYCRAFT EXP Series Lat Pulldown/Mid Row machine. This exceptional equipment combines dual-function lat and mid-row exercises, ensuring a comprehensive workout. Designed with an oversized bench and adjustable thigh hold down pads, the Diamond Series Lat/Mid Row delivers exceptional stability and support, accommodating users of all sizes with utmost comfort.



The machine's tall height allows for ample stretching and reaching, ensuring optimal range of motion during your workouts.

Adjustable thigh hold down pads ensure stable, comfortable workouts with firm support.

Secure brace positioning in workouts with durable rubber-coated footrests for reliable stability and foothold.

Maximize seated row comfort on the spacious ergonomic bench for optimal performance.

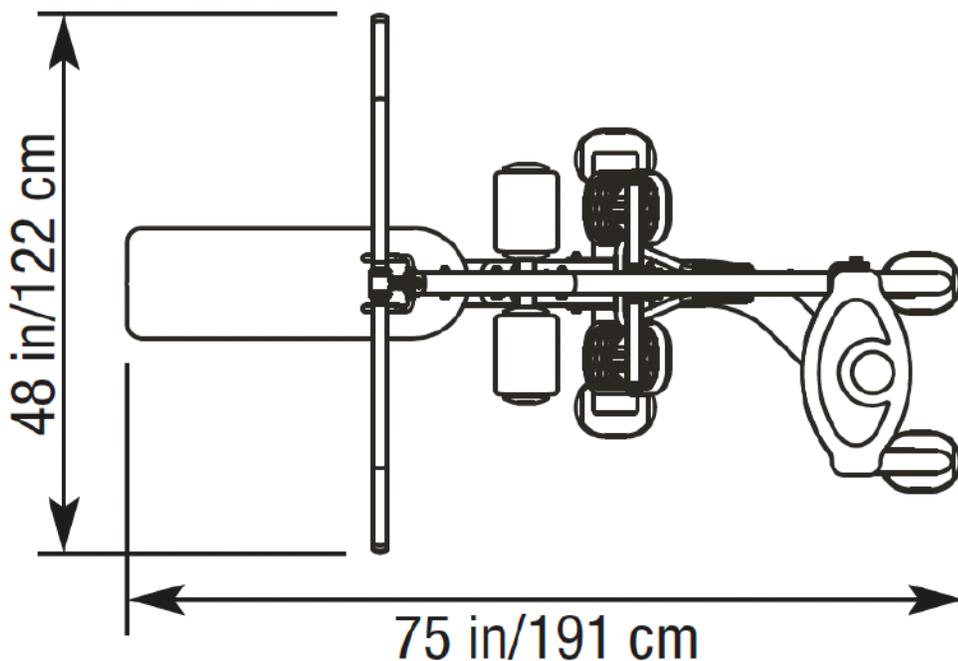
LAT PULLDOWN/MID ROW

FEATURES AND SPECIFICATIONS

FRAME	Heavy duty 11-gauge 2" x 4" oval steel frames and 2" round tubing
PIVOT POINTS	1" diameter solid steel axle encased in machined housing on all primary pivot points
ROLLER BEARINGS	Sealed 2" precision ABEC bearings
PULLEYS	4-1/2" and 3-1/2" diameter fiberglass reinforced nylon pulleys with precision sealed bearings enclosed in protective steel covers.
PADS/UPHOLSTERY	High-density molded PU foam padding with double-stitched upholstery secured to 3/4" plywood backing.
CABLES	1/4" 4,200lb test 7x19 Nylon coated cable
GUIDE RODS	3/4" solid steel precision ground, hard chrome finish, guide rods
WEIGHT STACK	200lb Steel weight stack w/built-in storage compartment cover (upgradeable to 250lbs)
LAT/ROW BAR	48" aluminum lat bar, 19" aluminum seated row bar (both w/swivel, knurling, & chain)
SHROUDS	Steel weight stack shrouds with decorative built-in storage compartment cover
SELECTOR PINS	Magnetic selector pins and steel weight stacks are easily accessible from seated position
STABILIZER FEET	Protective rubber stabilizer feet with anchoring holes
FINISH/AESTHETICS	Electro-statically applied powder coat finish baked at 400F Diamond Gray and Textured Black Powder Coated Heavy Gauge Steel Tubing Blue Anodized Aluminum Selector Pins and Pop-Pins and Blue Single Handle Accents
DIMENSIONS	75" L x 48" W x 88" H
WEIGHT	550 lb

WARRANTY

10 YEARS	Structural main frames, welds, cams and weight plates.
5 YEARS	Pivot bearings, pulleys, bushings, and guide rods.
3 YEARS	Pull-pin components.
3 YEARS	Upholstery, cables, finish, and rubber grips.
ALL OTHER PARTS	Not mentioned, one year from the date of delivery to the original purchaser
90 DAYS	Labor



LEG EXTENSION/CURL

Experience the versatility of the BODYCRAFT EXP Series Leg Extension/Leg Curl, a two-in-one commercial leg machine that combines leg extensions and seated leg curls into a single, compact unit. Seamlessly transition between these exercises, maximizing your workout efficiency. With its space-saving design, the Leg Extension/Leg Curl optimizes floor space utilization, enabling your facility to reach its full potential.



Effortlessly switch exercises with user-friendly adjustment handles for a seamless workout experience.

Use the ratchet-style telescoping back pad for effortless, precise positioning tailored to your needs.

Accommodate all users easily with the counterbalanced pivot arm and self-aligning leg roller, ensuring comfortable workouts for varied body types.

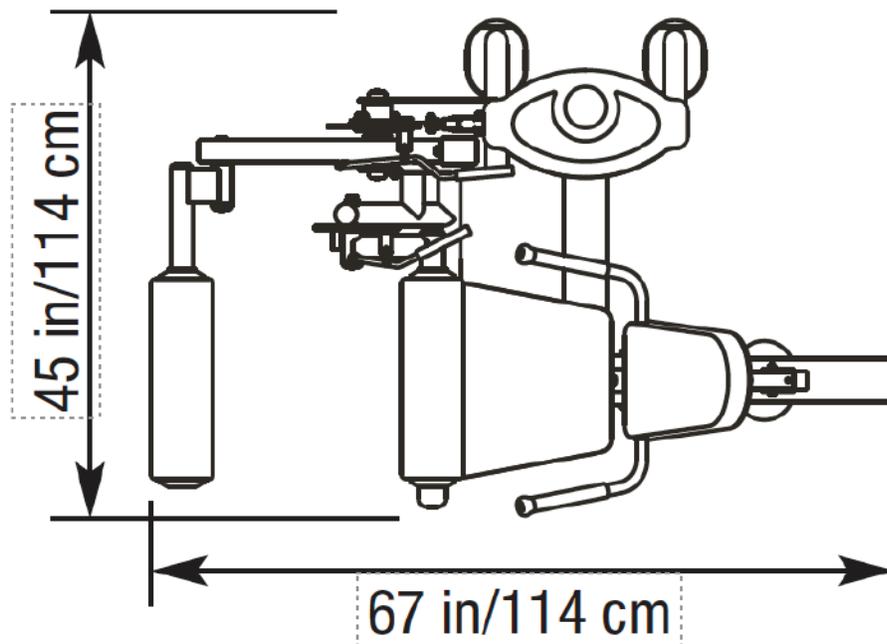
LEG EXTENSION/CURL

FEATURES AND SPECIFICATIONS

FRAME	Heavy duty 11-gauge 2" x 4" oval steel frames and 2" round tubing
PIVOT POINTS	1" diameter solid steel axle encased in machined housing on all primary pivot points
ROLLER BEARINGS	Sealed 2" precision ABEC bearings
PULLEYS	4-1/2" and 3-1/2" diameter fiberglass reinforced nylon pulleys with precision sealed bearings enclosed in protective steel covers.
PADS/UPHOLSTERY	High-density molded PU foam padding with double-stitched upholstery secured to 3/4" plywood backing.
CABLES	1/4" 4,200lb test 7x19 Nylon coated cable
GUIDE RODS	3/4" solid steel precision ground, hard chrome finish, guide rods
WEIGHT STACK	200lb Steel weight stack w/built-in storage compartment cover (upgradeable to 250lbs)
HAND GRIPS	Thermoplastic rubber hand grips secured w/ aluminum end caps for durability & improved feel
SHROUDS	Steel weight stack shrouds with decorative built-in storage compartment cover
SELECTOR PINS	Magnetic selector pins and steel weight stacks are easily accessible from seated position
STABILIZER FEET	Protective rubber stabilizer feet with anchoring holes
FINISH/AESTHETICS	Electro-statically applied powder coat finish baked at 400F Diamond Gray and Textured Black Powder Coated Heavy Gauge Steel Tubing Blue Anodized Aluminum Selector Pins and Pop-Pins and Blue Single Handle Accents
DIMENSIONS	61" L x 50" W x 83" H
WEIGHT	515 lb

WARRANTY

10 YEARS	Structural main frames, welds, cams and weight plates.
5 YEARS	Pivot bearings, pulleys, bushings, and guide rods.
3 YEARS	Pull-pin components.
3 YEARS	Upholstery, cables, finish, and rubber grips.
ALL OTHER PARTS	Not mentioned, one year from the date of delivery to the original purchaser
90 DAYS	Labor



LEG PRESS/CALF RAISE

Sculpt, shape, and strengthen your leg muscles, including quadriceps, hamstrings, glutes, and calves, with the BODYCRAFT EXP Series Seated Leg Press/Calf Raise. This exceptional machine is designed to target and tone your lower body effectively. The heavy-duty 2" hard chrome seat rails ensure a smooth and precise motion, allowing for a seamless workout experience.

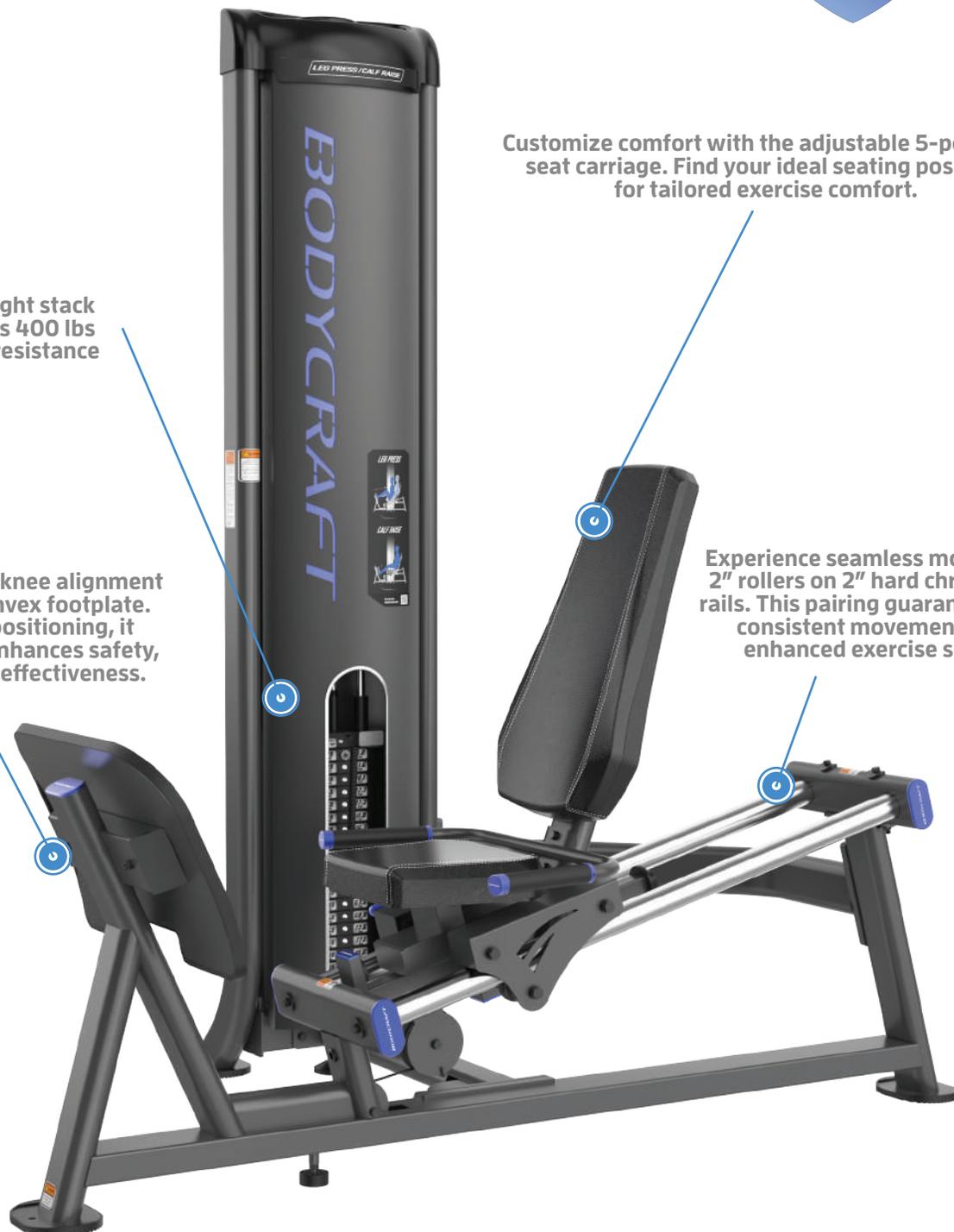


Customize comfort with the adjustable 5-position seat carriage. Find your ideal seating position for tailored exercise comfort.

200 lb steel weight stack with 1:2 ratio provides 400 lbs of weight resistance

Ensure proper ankle and knee alignment with the specialized convex footplate. Designed for neutral positioning, it minimizes joint strain, enhances safety, and improves exercise effectiveness.

Experience seamless motion with 2" rollers on 2" hard chrome seat rails. This pairing guarantees fluid, consistent movement for an enhanced exercise session.



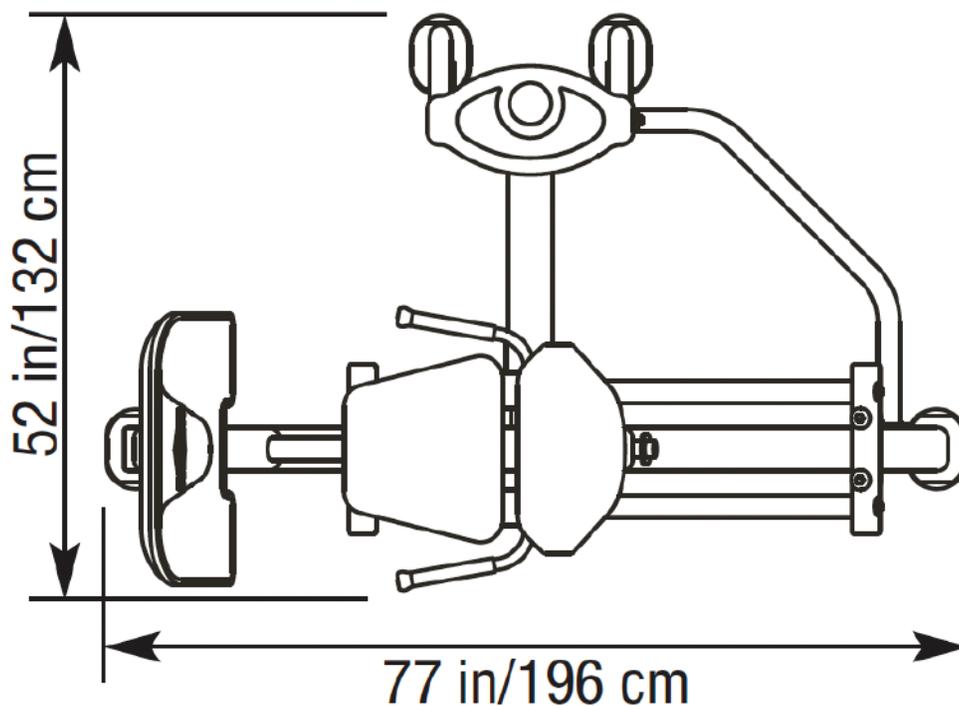
LEG PRESS/CALF RAISE

FEATURES AND SPECIFICATIONS

FRAME	Heavy duty 11-gauge 2" x 4" oval steel frames and 2" round tubing
PIVOT POINTS	1" diameter solid steel axle encased in machined housing on all primary pivot points
ROLLER BEARINGS	Sealed 2" precision ABEC bearings
PULLEYS	4-1/2" and 3-1/2" diameter fiberglass reinforced nylon pulleys with precision sealed bearings enclosed in protective steel covers.
PADS/UPHOLSTERY	High-density molded PU foam padding with double-stitched upholstery secured to 3/4" plywood backing.
CABLES	1/4" 4,200lb test 7x19 Nylon coated cable
GUIDE RODS	3/4" solid steel precision ground, hard chrome finish, guide rods
WEIGHT STACK	200lb Steel weight stack w/built-in storage compartment cover (upgradeable to 250lbs)
HAND GRIPS	Thermoplastic rubber hand grips secured w/ aluminum end caps for durability & improved feel
SHROUDS	Steel weight stack shrouds with decorative built-in storage compartment cover
SELECTOR PINS	Magnetic selector pins and steel weight stacks are easily accessible from seated position
STABILIZER FEET	Protective rubber stabilizer feet with anchoring holes
FINISH/AESTHETICS	Electro-statically applied powder coat finish baked at 400F Diamond Gray and Textured Black Powder Coated Heavy Gauge Steel Tubing Blue Anodized Aluminum Selector Pins and Pop-Pins and Blue Single Handle Accents
DIMENSIONS	77" L x 52" W x 85" H
WEIGHT	610 lb

WARRANTY

10 YEARS	Structural main frames, welds, cams and weight plates.
5 YEARS	Pivot bearings, pulleys, bushings, and guide rods.
3 YEARS	Pull-pin components and rail wheels.
3 YEARS	Upholstery, cables, finish, and rubber grips.
ALL OTHER PARTS	Not mentioned, one year from the date of delivery to the original purchaser
90 DAYS	Labor



INNER & OUTER THIGH

Achieve toned, shaped, and strengthened leg and hip muscles with the BODYCRAFT EXP Series Inner/Outer Thigh machine. This versatile equipment offers various thigh exercise variations. The thigh pads swivel in or out depending on the exercise being performed, moving freely with the body to eliminate pinch points and ensure a comfortable and safe workout experience.



Elevate your workout comfort with our ergonomic seat pad. Designed for your well-being, it promotes proper posture, minimizes discomfort, and maximizes exercise efficiency.

Enhance workout versatility with adjustable start positions for inner and outer thigh exercises. Target specific muscles, adapt to comfort, and customize training for comprehensive strength and toning.

Gain support and stability in workouts with integrated handles. They ensure a secure grip, aid balance, and boost confidence in exercise performance. These handles enhance equipment safety and usability.



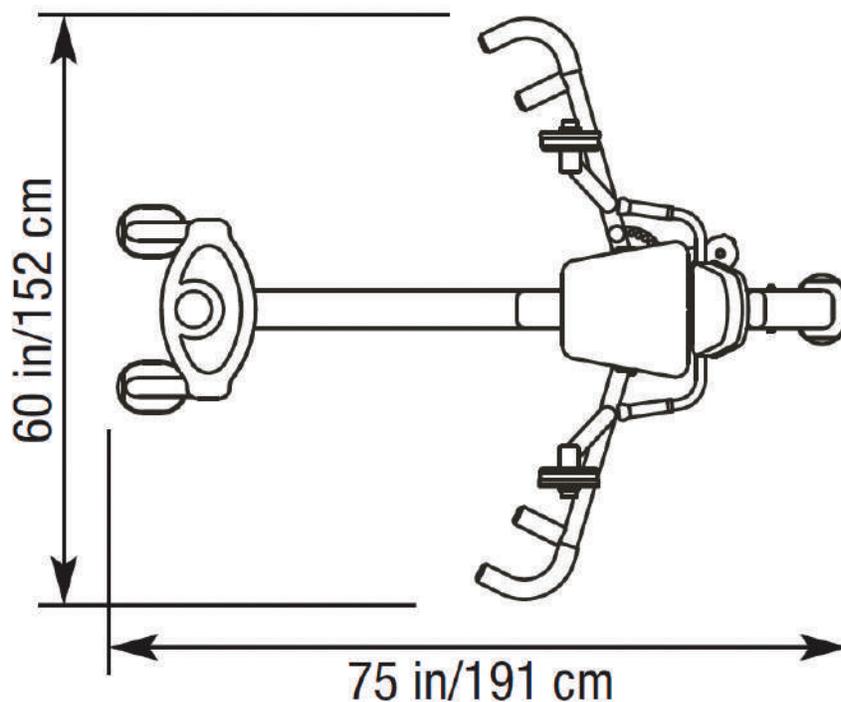
INNER & OUTER THIGH

FEATURES AND SPECIFICATIONS

FRAME	Heavy duty 11-gauge 2" x 4" oval steel frames and 2" round tubing
PIVOT POINTS	1" diameter solid steel axle encased in machined housing on all primary pivot points
ROLLER BEARINGS	Sealed 2" precision ABEC bearings
PULLEYS	4-1/2" and 3-1/2" diameter fiberglass reinforced nylon pulleys with precision sealed bearings enclosed in protective steel covers.
PADS/UPHOLSTERY	High-density molded PU foam padding with double-stitched upholstery secured to 3/4" plywood backing.
CABLES	3/16" 2,000lb test 7x19 Nylon coated cable
GUIDE RODS	3/4" solid steel precision ground, hard chrome finish, guide rods
WEIGHT STACK	150lb Steel weight stack w/built-in storage compartment cover
HAND GRIPS	Thermoplastic rubber hand grips secured w/ aluminum end caps for durability & improved feel
SHROUDS	Steel weight stack shrouds with decorative built-in storage compartment cover
SELECTOR PINS	Magnetic selector pins and steel weight stacks are easily accessible from seated position
STABILIZER FEET	Protective rubber stabilizer feet with anchoring holes
FINISH/AESTHETICS	Electro-statically applied powder coat finish baked at 400F Diamond Gray and Textured Black Powder Coated Heavy Gauge Steel Tubing Blue Anodized Aluminum Selector Pins and Pop-Pins and Blue Single Handle Accents
DIMENSIONS	75" L x 60" W x 59" H
WEIGHT	415 lb

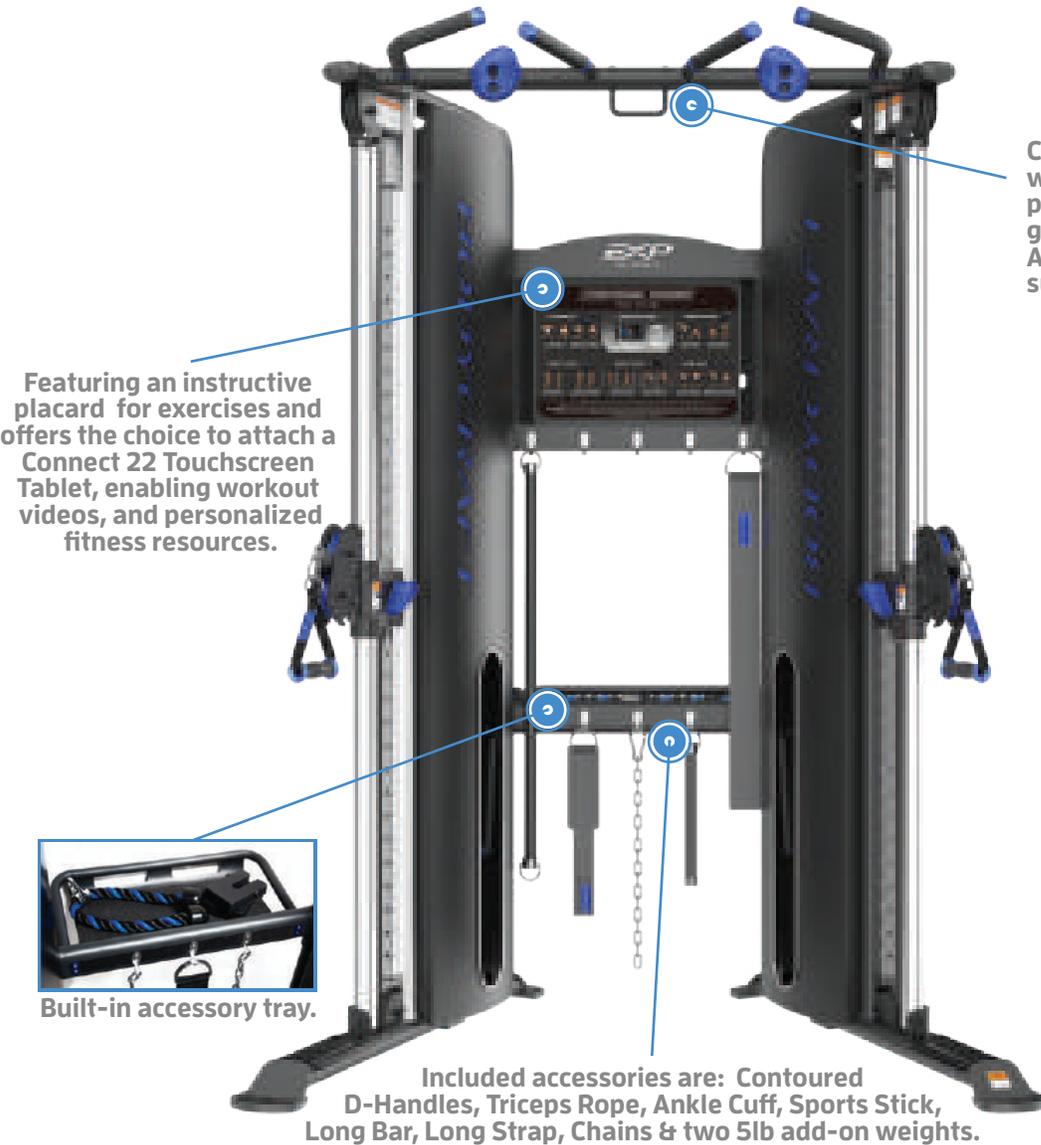
WARRANTY

10 YEARS	Structural main frames, welds, cams and weight plates.
5 YEARS	Pivot bearings, pulleys, bushings, and guide rods.
3 YEARS	Pull-pin components.
3 YEARS	Upholstery, cables, finish, and rubber grips.
ALL OTHER PARTS	Not mentioned, one year from the date of delivery to the original purchaser
90 DAYS	Labor



DFT FUNCTIONAL TRAINER

The BODYCRAFT EXP Series DFT Functional Trainer features a smart design, providing a wide range of exercises in a compact space. It offers adjustable weight increments and a 2:1 pulley ratio for easy intensity control and progression. From the multi-grip pull-up bar to color-coded adjustment points and illustrated exercise placards, it ensures intuitive use for all users and trainers.



Featuring an instructive placard for exercises and offers the choice to attach a Connect 22 Touchscreen Tablet, enabling workout videos, and personalized fitness resources.



Built-in accessory tray.

Included accessories are: Contoured D-Handles, Triceps Rope, Ankle Cuff, Sports Stick, Long Bar, Long Strap, Chains & two 5lb add-on weights.

Choose from various versatile grips: wide for overall engagement, close for precision, or rock climbing grips to boost grip strength and forearm development. Alternatively, use the loop hook for suspension training.

HIGHLIGHTS

DUAL ADJUSTABLE ROTATING PULLEYS W/EASY HEIGHT ADJUSTMENTS



32 PRECISION LASERED HEIGHT POSITIONS



5LB ADD-ON WEIGHT



OPTIONAL ADD-ONS



250 LB UPGRADEABLE WEIGHT STACKS



CONNECT 22 TOUCHSCREEN TABLET



F703 BENCH



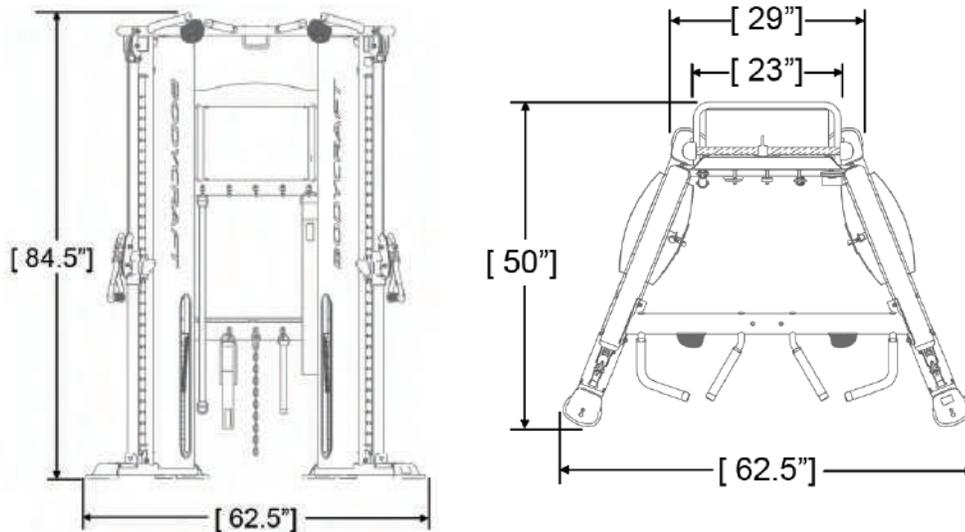
DFT FUNCTIONAL TRAINER

FEATURES AND SPECIFICATIONS

FRAME	Heavy-Gauge Oval Tubing W/ Laser Cut Steel Plates
CABLE COLUMNS	Independent, Adjustable Cable Columns Pulleys w/ 32 Height Positions. Rotate 200 Degrees
ACCESSORIES	Dual Contoured Single Handles, Sports Stick, Long Bar, Triceps Rope, Ankle Cuff, Long Strap, Dual Heavy-Duty 2:1 Link Chains, Dual 5lb Add-Ons, Storage Tray, Exercise Placard
PULLEY TRAVEL	61" Vertical Travel with 32 Height Positions
CABLE TRAVEL	77" (Using One Side)
AESTHETICS	Blue Aluminum Pulleys & Selector Pins. All Black Hardware, Blue Adjustment Knob, Single Handle Accents & Braided Triceps Rope. Chrome Hooks.
STABILITY	Non Skid Extra Wide Stabilizer Rubber Feet w/ Scratch Plate for Protection.
PAINT FINISH	Diamond Gray and Textured Black Electrostatic Powder-Coated Finish
PULLEYS	3.5" Pulleys with Sealed Maintenance-Free Precision Ball Bearings
CABLES	Flexible PU Coated, 7 X 19 Strand Aircraft Cable Rated at Over 2000 lbs. Tensile Strength.
CHIN BAR	(Wide - Classic - Narrow) Uses Include, Pull-Ups, Loop for Suspension Training, Bands, Rock Grips
WEIGHT STACKS	Dual 200 LBS Weight Stacks with Magnetic Selector Pins W/ Lanyard. 2:1 Ratio. Optional Upgrade to 250 LBS Each.
GUIDE RODS	Heavy Duty Solid 3/4" Chrome Plated
FINISH	Diamond Gray and Textured Black electrostatic powder-coated finish
SHROUD	Noise Dampening & Laser Cut w/ Blue Logo
DIMENSIONS	62.5"W x 50"D x 84.5"H
WEIGHT	(Assembled) 800 LBS (900 LBS W/ Upgraded 250 LB Stacks)

WARRANTY

10 YEARS	Structural main frames, welds, cams and weight plates.
5 YEARS	Pivot bearings, pulleys, bushings, and guide rods.
3 YEARS	Pull-pin components.
3 YEARS	Upholstery, cables, finish, and rubber grips.
ALL OTHER PARTS	Not mentioned, one year from the date of delivery to the original purchaser
90 DAYS	Labor



RFT FUNCTIONAL TRAINER

Our Rack Functional Trainer (RFT) is built for MAXIMUM flexibility and safety. Rugged construction and pop pin adjustable spotter arms make your workout enjoyable, quick and safe. Optional Band Pegs, Landmine, Battle Rope, Weight Tree, Dip Handles, & Speed Trainer Available.

HIGHLIGHTS



DUAL INDEPENDENT
150 LB WEIGHT STACKS
(UPGRADEABLE TO 200LBS)



DUAL
INDEPENDENT
HIGH PULLEYS



STEEL REINFORCED
BAR HOOKS



In the Rear of the RFT are Dual Independent Low Pulleys. This Functional Station is Ideal for Rows, Bicep Curls, Ab Exercises, ect.

Built In to the F730 Frame are 2 Olympic Sized Bar Holders/Foot Plates

Dual Front Adjustable Swiveling Pulleys with 25 Height Positions. The Laser Etched #'s on the Inside of Each Upright Will Make Sure Both Pulleys are at Equal Heights.

OPTIONAL ADD-ONS



F737 LANDMINE ATTACHMENT



SPEED TRAINER OPTION



F739 BATTLE ROPE ATTACHMENT

*RFT shown with optional Speed Trainer, F732, F735, F734, F739, and F737

CLICK OR
SCAN FOR MORE
INFORMATION



RFT FUNCTIONAL TRAINER

FEATURES AND SPECIFICATIONS

FRAME	Heavy-Gauge 2 x 3 Rectangle Tubing w/Laser Cut Steel Plates
CABLE COLUMNS / UPRIGHTS	25 Precision Lasered Height Positions
ACCESSORIES	Dual Independent 180 Degree Rotational Adjustable Swivel Pulleys
CHIN BAR	Dual Contoured Single Handles, Sports Stick, Long Bar, Padded Ankle Cuff, Chin/Push-Up Assist Strap, Dual Heavy-Duty 21 Link Adjustment Chain Set
HOOKS & SPOTTERS	(Wide – Classic – Narrow) Uses Include, Pull-Ups, Hanging Ab Straps, Bands, Inversion Boots
STABILITY	High-Density Rubber Securely Screwed Down. Prevents Scratching
AESTHETICS	Non Skid Extra Wide Stabilizer End Caps
PAINT FINISH	Easy Install End-Caps, All Black Hardware, Blue Anodized Aluminum Selector Pins and Pop-Pins and Blue Single Handle Accents
PULLEYS	Diamond Gray and Textured Black Electrostatic Powder-Coated Finish
CABLES	3.5" Diameter, Fiberglass Impregnated Nylon Pulleys with Sealed Maintenance-Free Precision Ball Bearings
WEIGHT STACKS	Nylon Coated, 7 X 19 Strand Aircraft Cable Rated at Over 2000 lbs. Tensile Strength
WEIGHT CAPACITY	Dual 150 LBS Weight Stacks with Magnetic Selector Pins W/ Lanyard. 2:1 Ratio. Optional Upgrade to 200 LBS Each.
WORKING SPACE	Rated for up to 1,000 lbs.
GUIDE RODS	34.5" Depth by 43" Wide Between Uprights
HARDWARE	Heavy Duty Chrome Plated
DIMENSIONS	1/2" Hardened Steel Bolts at all Connection Points
WEIGHT	65"L x 59"W x 83.2"H
	665lbs. for the 150lb. stack version and 715lbs. for the 200lb. stack version

WARRANTY

COMMERCIAL	Frame: 10 Years / Parts: 2 Years / Wear items: 6 Months
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ADD-ONS

SPEED TRAINER	Allows for quick intense sports specific movements without weight-stack/cable slack.
POWER ROW	Rower option for weighted rows
F732	Dip Attachment Option
F733	Extra Band Catches
F734	Band Pegs Option
F735	Plate Rack Option
F737	Landmine Option
F739	Battle Ropes Option
F704	FID Utility Bench
F705	FID Utility Bench

HFT PRO

FUNCTIONAL TRAINER

BODYCRAFT

TRAIN THE WAY YOU MOVE

Whether the Motion is for Strength Training, Sport Specific, or Maybe it's a Movement You Perform at Work or During Leisure Activities, the BODYCRAFT HFT PRO Allows You to Train the Way You Move. You Define the Path of Motion Allowing You to Strengthen Every Part of Your Body for the way You Want to Live. It's that Simple. Functional Training also Improves Coordination, Balance, and Increases Core Strength.



LIMITLESS TRAINING

The HFT PRO'S Dual Stainless Steel Cable Columns Feature Independent 180 Degree Rotational Adjustable Swivel Pulleys with 31 Precision Lasered Height Positions, 61" of Vertical Travel, 80" of Cable Travel, (Single Side) and have an Effective Width of 55" Allowing You to Perform Limitless Functional Exercises.



ALL THE ACCESSORIES

The HFT PRO Comes with all the Functional Accessories You Will Ever Need. We Loaded this Machine with Dual Contoured Single Handles, Sports Stick, Long Bar, Tricep Rope, Padded Ankle Cuff, Chin/Push-Up Assist Strap, Dual Heavy-Duty 21 Link Adjustment Chain Set, and Exercise Book.



HERE COMES THE SPEED

The **OPTIONAL** Speed Trainer takes your HFT PRO to the Next Level! Adding the Speed Trainer Allows You to Perform High Speed Exercises such as Boxing, Full Intensity Golf Swings, or Intense Movements such as Power Cleans on the HFT PRO without the Cables and Weight Stack Temporarily Losing Tension. The Speed Trainer Offers You a Brand New Way to Train, Keeping You Motivated while Increasing Your Strength, Power, and Gains.

HFT PRO

FUNCTIONAL TRAINER

BODYCRAFT

FEATURES AND SPECS

FEATURES / SPECS

- **FRAME:** Heavy-Gauge Oval Tubing W/ Laser Cut Steel Plates
- **INDEPENDENT ADJUSTABLE CABLE COLUMNS:** Stainless Steel W/ 31 Precision Lasered Height Positions W/ Dual Independent 180 Degree Rotational Adjustable Swivel Pulleys - 61" Vertical Travel - 55" Width
- **ACCESSORIES:** Dual Contoured Single Handles, Sports Stick, Long Bar, Tricep Rope, Padded Ankle Cuff, Chin/Push-Up Assist Strap, Dual Heavy-Duty 21 Link Adjustment Chain Set, Exercise Book
- **MULTI-GRIP CHIN BAR:** (Wide - Classic - Narrow) Uses Include, Pull-Ups, Hanging Ab Straps, Bands, Inversion Boots, Etc.
- **STABILITY:** Non Skid Extra Wide Stabilizer End Caps
- **AESTHETICS:** Easy Install End-Caps, All Black Hardware, Updated Laser-Cut Workout Guide Plate, Blue Anodized Aluminum Selector Pins and Pop-Pins and Blue Single Handle Accents
- **PAINT FINISH:** Diamond Gray and Textured Black Electrostatic Powder-Coated Finish
- **PULLEYS:** 3.5" Diameter, Fiberglass Impregnated Nylon Pulleys with Sealed Maintenance-Free Precision Ball Bearings.
- **CABLES:** The Most Flexible Nylon Coated, 7 X 19 Strand Aircraft Cable Rated at Over 2000 lbs. Tensile Strength.
- **CABLE TRAVEL:** 80" (Using One Side)
- **WEIGHT STACKS:** Dual 150 LBS Weight Stacks with Magnetic Selector Pins W/ Lanyard. 2:1 Ratio. Optional Upgrade to 200 LBS Each.
- **GUIDE RODS:** Heavy Duty Chrome Plated
- **DIMENSIONS:** 40" L x 55" W x 82" H **BOXED:** (Box 1: 81.5" L x 18" W x 7" H) (Weight: 116 LBS) (Box 2: 50L" x 24W" x 9"H) (Weight: 143LBS)
- **WEIGHT:** (Assembled) 540 LBS (640 LBS W/ Upgraded 200 LB Stacks)

BASE WARRANTY

- **RESIDENTIAL:** Frame: Life / Parts: Life
 - **COMMERCIAL:** Frame: 10 Years / Parts: 2 Years
- (*Up to 8hrs use per day. Visit www.bodycraft.com for details)

MULTI-GRIP CHIN BAR

Offering 3 Different Grip Positions (Wide - Classic - Narrow) the HFT Chin/Pull-Up Bar Allows You to Perform Many Types of Upper Body and Core Exercises.



CHANGE YOUR GAME

Functional Training Allows You to Train the Way Your Body Moves. Improve Your Coordination, Balance, Core Strength and Even Your Golf Swing with the HFT Pro.



EXERCISE BOOK W/ ACCESSORY RACK



BLUE ANODIZED ALUMINUM WEIGHT STACK PIN WITH LANYARD



31 PRECISION LASERED HEIGHT POSITIONS



DUAL 150 LB WEIGHT STACKS UPGRADEABLE TO 200 LBS



NON SKID EXTRA WIDE STABILIZER END CAPS

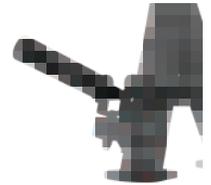


F540 DUMBBELL RACK

Introducing the F540 Dumbbell Rack: the ultimate gym organization solution. With its 60-inch wide, 2-tier design and customizable third tray option, users can choose between an additional tray, a ball holder, or a weight plate holder for enhanced organization. Optional attachments like the landmine and battle rope add versatility to workouts. Built with durability in mind and featuring rubber stabilizer feet for added stability, the F540 ensures a streamlined and safe fitness experience. Plus, its ability to be daisy-chained with other racks and the Half Rack option allows for limitless expansion possibilities, catering to evolving fitness needs with ease.

HIGHLIGHTS

OPTIONAL
LANDMINE
ATTACHMENT



OPTIONAL
BATTLE ROPE
ATTACHMENT



Tilted storage trays facilitate effortless weight retrieval and replacement, ensuring a smooth and efficient workout experience.

Rubber stabilizer feet provide a secure and stable foundation, preventing slippage and ensuring a safe and steady workout environment.

Optional mounting holes for third tray option, allows users to choose between an additional tray, a ball holder, or a weight plate holder for enhanced organization.

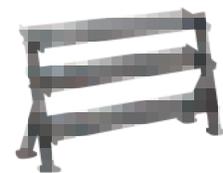
MULTIPLE CONFIGURATIONS



DAISY CHAINED



PLATE TRAY / BALL TRAY OPTION



3 TRAY OPTION

F760 LEG PRESS/ HACK SQUAT

Your leg muscles are the strongest and toughest muscles in your body. The BODYCRAFT F760 Linear Bearing Leg Press / Hack Squat was designed with that in mind. From the heavy gauge steel, to the industrial grade linear bearings, this machine is built to withstand the toughest workouts.

Shoulder Pads Provides the User with 12" of Travel and 13 Locking Positions for the Perfect Fit. With a Squat Range from 36" at the Lowest Point to 79" at the Highest Point, this Machine Accommodates Any Size User.



Our Lower Footplate is Gas Assisted & Features 5 Different Adjustment Angles and a Lumbar Support Pad Which Flips Up on a Hinge for Hack Squat. The Adjustments Allow the User to Correctly Position Themselves for Either Leg Press, Hack Squats, or Calf Raises.

ATTACHMENTS



3" ROUND CALF BLOCK



DONKEY SQUAT PAD

HIGHLIGHTS



ADJUSTABLE LOWER FOOT PLATE



ADJUSTABLE UPPER FOOT PLATE



LONG WEIGHT PLATE HOLDERS
(UP TO NINE 1.75" INCH PLATES ON EACH SIDE)

CLICK OR
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INFORMATION



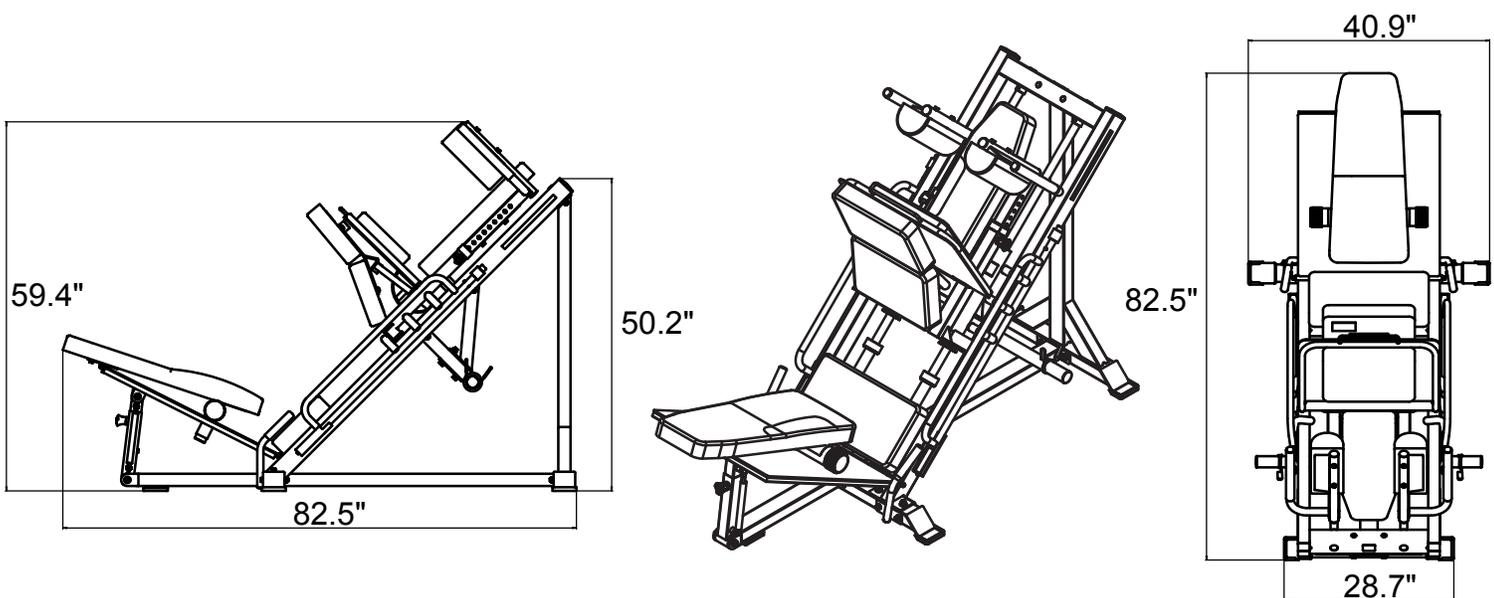
F760 LEG PRESS/HACK SQUAT

FEATURES AND SPECIFICATIONS

SHOULDER PADS	Fully Adjustable, with 12" of Travel and 13 Positions Accommodating a Wider Range of Users.
SQUAT RANGE	36" at the Lowest Point to 79" at the Highest Point
UPPER FOOT PLATE	Adjust to 5 Different Angles from 75 Degrees to 135 Degrees
LOWER FOOT PLATE	Adjust to 5 Different Angles
SQUAT PAD	Allows for Squats and Calf Raises by Pressing with Lower Lumbar, Relieving Spinal Compression
CALF BLOCK	Removable 3" Round Calf Block. Works in Conjunction with Donkey Squat Pad or Shoulder Pads
BEARINGS	Industrial Grade Linear Bearings
DESIGN	Space Saving Design: With Weight Plate Loading Under the Carriage
BACK PAD	Leg Press Back Pad Features Lumbar Support and Flips Up on a Hinge for Hack Squat.
LEG PRESS RANGE	Leg Press Range of 23" at Lowest Point to 64" at Highest Point
CONSTRUCTION	Heavy Gauge, 2" x 3" Steel Tubing and 1/4" Plate Steel.
CARRIAGE	Rides on Industrial Grade Linear Bearings, and 1.25" Case Hardened Steel Solid Guide Rods.
CARRIAGE WEIGHT	75 lb. Starting Weight
PADS	Double Stitched Heavy Duty Upholstery and High Density Foam.
WEIGHT CAPACITY	1,000 lbs.
DIMENSIONS	79" L x 39" W x 50" H.
WEIGHT	(Assembled) 373.5lb
FINISH	Diamond Gray and Textured Black Electrostatic Powder-Coated Finish
GUIDE RODS	Rides on Industrial Grade Linear Bearings, and 1.25" Case Hardened Steel Solid Guide Rods.

WARRANTY

WARRANTY Frame: 10 Years / Parts: 2 Years / Wear items: 6 Months



BODYCRAFT®

F705 F/I/D UTILITY BENCH

Built like a tank, and designed for ultimate versatility, our Commercial F705 FID Bench cannot be beaten.

Switching Exercises? No problem! Utilizing our easy adjust ladder catch system the user can choose from seven different positions, ranging from a -20° decline* to an 85° upright position. The integrated lift handle and transport wheels allow for simple and easy maneuvering when relocating and storing the bench in an upright position. The 3 point stance and rubber feet ensure that the bench will not rock. Additional attention to comfort, style, and accessory use gives this bench package a huge advantage over all others.



SPECIFICATIONS

SPECS

- **Construction:** 2" X 3", heavy-gauge steel tubing
- Oil Impregnated Bushings at all pivot points
- Metal Caps with rubber soles on the front and rear leg.
- **Upholstery:** 2" thick high-density foam, then covered in double-stitched industrial grade vinyl. And upholstered back covers
- **7 Positions:** Flat, 1 Decline, and 5 Incline : (-20°, 0°, 20°, 30°, 45°, 70°, 85°)
- **Dimension:** 51" L x 28.5" W x 19.75" H, 51" H in shoulder press position. (Stored Upright: 21"D x 28.5"W x 51"H)
- **Weight Capacity:** 1,500 lbs. Tested to 3,000 lbs in prone position without fail.

WARRANTY

- Residential:
 - Lifetime- frame*
 - Lifetime- parts*
- Light Commercial:
 - 10 year- frame*
 - 2 year- parts*
 - 6 months- wear items*

*Warranty applies to defects in materials and workmanship for original owner only. Does not apply to normal wear and tear. See manual for details.